



CICS

Supporting Individuals. Strengthening Communities.

Regional Governing Board Meeting Minutes

February 27, 2025

Story County CICS Office

Board Members Present: Kendra Alexander, John Cochrane, Andrea Dickerson, Lisa Heddens, Richard Lukensmeyer, Dennis Quinn, Ellen Rasmussen, Gary Rayhons, Dawn Rudolph, Julie Smith. **Members Absent:** Christa Mattly, Brandon Talsma, Christine Timmerman. **Leadership Team Present:** Meghan Freie, Liza Maxwell, Jen Sheehan, Betsy Stursma, Karla Webb, Russell Wood.

Motion to approve the February 27, 2025 agenda. Motion by Rasmussen, second by Rudolph. All ayes, motion carried.

Motion to approve the January 23, 2025 minutes. Motion by Smith, second by Rayhons. All ayes, motion carried.

Russell Wood, CEO gave an update to the Board regarding Iowa Primary Care and they are wanting to meet with each Region individually.

Wood updated the Board on the data request email he had sent out. The Department is wanting to pull information from CSN and some of the information is property of the counties, such as the Mental Health Advocate information. Wood advised counties to discuss any questions they may have with their county attorney or Beth Manley with ISAC.

Wood stated that seven of the 15 CICS counties will potentially be covered by Polk County for the Disability Access Point. Wood has had a conversation with Annie Uetz, Polk CEO and would like to ask the Board to have Uetz at a future meeting to introduce Polk to the CICS Board. The Board agreed that will be a good idea and Wood will reach out to Uetz.

Wood gave an overview of the changes potentially needed to the current 28E agreement. Any member county that wants to withdraw must give notice by July 1, 2025 to no longer be a part of CICS on July 1, 2026. If a member county no longer wants to be a member they must give notice by end of day on June 30, however they will still be a member county for fiscal year 2026.

At this time Quinn left the meeting.

Wood discussed staffing as well as office space. If counties are able to accommodate staff, that would give more ability to hire or retain staff in the future.

Wood requested feedback on the 28E updates from Board members by the end of next week and then an updated 28E will be sent out to the Board to vote on at the next meeting.

Wood stated the custodian of records does not need to be discussed at this time, however it may need to come up in the future. **Motion to table the custodian of records discussion by Rasmussen, second by Dickerson. All ayes, motion carried.**

Wood stated the Employer of Record contract does terminate June 30, 2025. At this point Franklin is interested in continuing as the Employer of Record. **Motion to approve Wood to reach out to Franklin County to be the Employer of Record and to enter into an agreement by Rayhons, second by Rudolph. Wood clarified he will bring this back to the Board after working with Franklin County. All ayes, motion carried. Lukensmeyer abstained.**

Motion to approve Wood to reach out to Story County to be the Fiscal Agent and to enter into an agreement by Lukensmeyer, second by Smith. All ayes, motion carried. Heddens abstained.

Wood requested from the Board to authorize CEO to negotiate the Disability Access Point Contract, while keeping the Chair informed. **Motion to authorize the CEO to negotiate the Disability Access Point Contract by Rayhons, second by Dickerson. Rayhons requested that fluid communication be made by the CEO to the Board. All ayes on roll call vote, motion carried on roll call vote.**

At this time Rayhons left the meeting.

Betsy Stursma, Finance Officer presented the FY25 budget amendment. At this time CICS will not need to go back to the State to have the amendment approved if the funds are not for new projects. **Motion to approve the FY25 Budget Amendment by Rasmussen, second by Smith. All ayes on roll call vote, motion carried.**

Wood requested the Board allow for an additional meeting on Monday, March 10 in the afternoon to discuss the transition plan. Regular business will not be discussed at this meeting. **Motion to table the transition plan discussion and action until Monday, March 10 at 1:30 p.m. by Rudolph, second by Heddens. All ayes, Motion carried.**

Stursma presented the February 4 and 18, 2025 claims. Motion to approve the February 4 and 18, 2025 claims by Smith, second by Dickerson. All ayes on roll call vote, motion carried. Stursma presented the January expenditure report.

Karla Webb, Planning Officer presented a contract amendment for Community and Family Resources. This is a budget change to add a case manager position into the monthly amount that CICS pays for mental health court services as well as including other additional fringe benefits for the new position and the increase in the federal mileage rate. This amount is based on actual cost. **Motion to approve the CFR Contract Amendment by Heddens, second by Rudolph. All ayes, motion carried.**

Motion to remove the YSS, Inc. CSRS startup costs from the table by Lukensmeyer, second by Alexander. All ayes, motion carried. Dickerson abstained.

Webb presented a project request for YSS, Inc. – Crisis Stabilization Residential Services startup costs. The request is to fund up to four empty beds for April through June, as well as cover startup costs incurred January through March. Belinda Meis of YSS was available for any questions Board members may have. **Motion to approve the YSS, Inc.'s Crisis Stabilization Residential Services startup costs and empty beds by Alexander, second by Rudolph. All ayes on roll call vote, motion carried. Dickerson abstained.**



Webb stated Elevate CCBHC for Ft. Dodge, Indianola, Marshalltown, Newton have met all of the requirements to be eligible for the IRSH designations and Elevate is moving forward.

Board Chair asked for public comment. Wood stated that YSS is having a ribbon cutting on Thursday, April 24 from 4-5 p.m. and would like current and past Board members attend if they are able.

Next Meeting is **March 10, 2025 at 1:30 p.m.**

Motion by Heddens, second by Dickerson to adjourn. All ayes, motion carried.

Lisa Hill, Recording Secretary

Lisa Heddens, Board Chair

