

Regional Governing Board Meeting Minutes January 28, 2021

Due to the COVID-19 virus, public access to the meeting was provided via conference call. Members of the Board and public were able to call in or attend via zoom.

Board Members Present: Boone, Franklin, Greene, Hamilton, Hardin, Jasper, Madison, Marshall, Poweshiek, Story, JD Deambra, Julie Smith, Andrea Dickerson. **Counties/Members Absent:** Warren, Allie Wulfekuhle, Kendra Alexander. **Administrative Team Present:** Russell Wood, Patti Leeds, Linn Adams, Betsy Stursma, Karla Webb. **Others Present with Comments:** Quinn Wood.

Motion to approve the January 28, 2021 agenda. Motion by Clifton, second by Hoffman. All ayes, motion carried.

Chair asks for motion to approve the December 17, 2021 minutes. Motion by Dawley, second by Rudolph. Boone abstained. All others ayes, motion carried. Chair asks for motion to approve the January 14, 2021 Special Meeting minutes. Motion by Kretzinger, second by Clifton. All ayes, motion carried.

CEO Russell Wood explained the Conflict of Interest Statement for Board members. Wood requested all members fill the statement out and send to Operations Officer Karla Webb by the end of January.

Wood went over the decided rates from the December meeting for the updated FY22 staff reimbursement rates. He clarified the salary rates for reimbursement. These rates are caps that the Region will pay for wages and salary reimbursement to each county. It is allowable for those grandfathered in to have a higher wage. The salary dollar amount was removed from the chart to lessen confusion. If you have further questions you may contact Wood.

Wood discussed collaborative planning on complex needs with other Regions. Requirement to have certain needs in place by July 1 for our Region. CICS is working on contracts and MOUs and has been discussing developing services with other Regions. Wood discussed looking at an Access Center or triage in Fort Dodge. Andrea Dickerson asked if this is for adults as well as children. Wood stated they are not able to provide this for children, however Cerro Gordo and Youth Shelter Services has this ability and CICS has worked with YSS this past year and it has been beneficial.

Wood gave an update on the new counties joining CICS. The three counties' staff are able to meet with CICS. It will help them stay updated and provide a good opportunity for them to see how CICS works. Cerro Gordo has a Mental Health Hospitalization Referee that goes to the hospital, so it decreases the cost for Sheriff's department going and transporting, etc. CICS's obligation is \$16,000 to do an MOU with other entities and CICS will be the contractor.

Wood received a request from Jerry Kloberdanz, Hamilton to discuss regional employment. Wood discussed the Administrative Team being Region employees, as well as additional staff. The CICS Employment

Committee could set up another committee for discussion on these topics. Wood gave two options on how to become Region employees: be our own 501c3 or have another county or another organization be the employer of record. In July there will be approximately 40 employees within CICS. Counties do receive recommendations, however it is still up to the County how much they will pay. It is a broader issue than just the Administrative Team. CICS needs to do due diligence when looking at this. It was discussed to have the employment committee possibly meet in February, Patten agreed. He would like them to meet before the Governing Board meeting in February and bring information. Wood said the goal would be to identify what CICS needs information on to move forward. Any changes will not begin July 1, 2021. The Governing Board can email Operations Officer Karla Webb anything they feel like needs to be looked at. Patten will set a meeting in February and work with Webb's schedule for that meeting. Wood will forward what he has to the Employment Committee.

Wood asked about the governing board's opinon on the new staff members from the joining counties becoming Franklin County employees. This would reduce number of budgets, fund balances and effort going in. Wood stated he wanted to allow the Board to have conversation and the Board members agreed Wood has the ability to move forward with this without action from the Board.

Finance Officer Betsy Stursma shared the December expenditure report and claims report for December 29, 2020; January 12, 2021 and January 26, 2021. Motion by Talsma, second by Deambra to approve claims. Roll call vote: Boone, Franklin, Greene, Hamilton, Hardin, Jasper, Madison, Marshall, Poweshiek, Story, Deambra. All ayes, motion carried.

Stursma discussed the Levy Rate for FY22 giving two options, either \$14.75 or \$22.20. After discussion Talsma motioned to approve the \$22.20 rate with the condition to revisit at the February Governing Board meeting. Second by Clifton. All ayes, motion carried. Hardin and Deambra had left the meeting.

Stursma stated there are not many changes from this year for the FY22 budget. There are some reductions in crisis services and crisis evaluation. There will be an increase in services management as a reflection of the additional three counties. Overall, the bottom line is a \$13.5 million budget as compared to \$13 million in FY21. With the CARES money from FY21 the budgets are approximately the same for both years. Chair asked for motion to approve FY22 budget as presented. Motion by Talsma, second by Dawley. Roll call vote: Boone, Franklin, Greene, Hamilton, Jasper, Madison, Marshall, Poweshiek, Story. Hardin and Deambra had left the meeting. All ayes, motion carried.

Stursma requested a Fund Balance transfer for FY22 for a cash flow transfer to each county. CICS will keep 50% of next year's budget in each county. Motion by Heddens, second by Hamilton. Roll call vote: Boone, Franklin, Greene, Hamilton, Jasper, Madison, Marshall, Poweshiek, Story. Hardin and Deambra had left the meeting. All ayes, motion carried.

Planning and Development Officer Patti Leets gave an update on CARES expenditures. CARES dollars have been extended through June 2021. CICS still has \$1.9 million dollars available. The Administrative Team would like to focus on marketing with TRILIX, local office expenses, drop-in centers and grant Polk County \$1,750,000 to use for CARES expenses in Polk. There will not be additional RFP's going out with applications at this time.



Leeds stated on January 18, 2021 Crisis Stabilization Community-Based Services began. Individuals can now have Crisis Stabilization in their own home and community if needed. This service is provided by Eyerly Ball partnering with Integrated Telehealth. Leeds will email a flyer about this to the Governing Board.

Leeds discussed the GAP Analysis. Leeds has also sent this on to the three new counties and asked them to fill it out as much as possible. Webb and Leeds will work with them to fill in any gaps if they have any in their county.

Operations Officer Karla Webb presented the Central Iowa Psychological Services Amendment adding medication management and psychiatric evaluation services. Motion by Heddens, seconded by Kretzinger to approve. All ayes, motion carried.

Webb also presented the Integrated Telehealth Partners Amendment to include effective as of January 18, 2021 CSCBS and minimum reimbursement of \$900 per month for the service. Also, effective February 1, 2021 psychiatric evaluation and care coordination in the emergency room. Motion to approve by Dawley, second by Rudolph. All ayes, motion carried.

Webb asked to appoint Brittany Palmer, Madison County Provider; Leatha Slauson, Utilizes Services/Family Member of Franklin County; and Kelly Kratz, Franklin County, provider to the Adult Advisory Committee. Motion by Kretzinger, second by Kloberdanz. All ayes, motion carried.

Webb asked to appoint Joy Meinders of Franklin County to Children's Behavioral Health Advisory Committee as a parent/actively involved adult of a child that utilizes services. Motion by Heddens, second by Clifton. All ayes, motion carried.

Service Coordination Officer Linn Adams presented the Mid-Year Service Coordination Data Update. Applications have exceeded previous years with the highest numbers this year. Numbers are down for Service Coordination due to COVID and offices being closed. CICS has an all-time low of individuals in RCF's due to the hard work of our Service Coordination Specialist.

Chair asked for public comments at this time. Quinn Wood asked Stursma if half of the December expenditures were CARES dollars. Stursma said yes, roughly. Out of the \$1.6 million total, \$860,000 were CARES expenditures. Quinn Wood asked Leeds for more information on the virtual mental health conference, where do people go to get more information? It will be available on the website, Facebook, sent to the Governing Board, etc.

Next Meeting is February 25, 2021.	
Chair adjourned the meeting.	
Patti Leeds, Recording Secretary	Bill Patten, Board Chair

