CENTRAL IOWA COMMUNITY SERVICES MENTAL HEALTH AND DISABILITY SERVICES FY 2021 ANNUAL BUDGET AND SERVICE PLAN



SUBMITTED 4/24/20

GEOGRAPHIC AREA: Boone, Franklin, Greene, Hamilton, Hardin, Jasper, Madison, Marshall, Poweshiek, Story, and Warren Counties **REVIEWED BY ADVISORY COMMITTEES: 4/10/20,4/14/20 APPROVED BY GOVERNING BOARD: 4/23/20**

Table of Contents

| Int | roduction | 2 |
|-----|-----------------------------------------------------|-----|
| Α. | Local Access Points | 3 |
| B. | Service Coordination and Targeted Case Management | 5 |
| C. | Crisis Planning | 6 |
| D. | Intensive Mental Health Services | 7 |
| E. | Scope of Services & Budget and Financing Provisions | 7 |
| | Table A. Expenditures | 8 |
| | Table B. Revenues | 12 |
| | Table E. County Levies 1 | 13 |
| G. | Financial Forecasting Measures | 13 |
| Н. | Provider Reimbursement Provisions | 8 1 |

Introduction

CICS was formed under Iowa Code Chapter 28E to create a Mental Health and Disability Service (MHDS) Region in compliance with Iowa Code 331.390. The Annual Service and Budget Plan is a component of the Management Plan which includes three parts: Annual Service and Budget Plan, Annual Report, and Policies and Procedures Manual in compliance with Iowa Administrative Code 441.25.

The FY2021 Annual Service and Budget Plan covers the period of July 1, 2020 to June 30, 2021. The Annual Service and Budget Plan includes local access points, targeted case management and service coordination providers, crisis services, intensive mental health services, a description of the scope of services to be provided including core services, budget and financial provisions, and provider reimbursement provisions.

Fiscal Year 2021 will be a year of implementation and transition for CICS, and we look forward to the challenge. Implementation will include adding children's behavioral health services such as expansion of outpatient services and collaboration with providers and other entities to fill the service gaps for children. We are also expecting growth in the adult system with subacute services, intensive residential services, and completing the implementation of an Access Center Network. Unfortunately, the added financial responsibility will require careful adjustment with some of the other support services CICS has been able to fund in the past.

There will also be internal transition as new job duties will be assumed by the CICS Administrative Team members due to the planned retirement of current CEO Jody Eaton, Finance Officer Jill Eaton, and Compliance Officer John Grush during this fiscal year. Russell Wood will assume the CEO job duties July 1, 2020.

Description of governing board and advisory boards.

At the time of this report, current CICS Governing Board Directors are:

Chad Behn – Boone County Board of Supervisors Mike Nolte – Franklin County Board of Supervisors Dawn Rudolph – Greene County Board of Supervisors Doug Bailey – Hamilton County Board of Supervisors BJ Hoffman – Hardin County Board of Supervisors Brandon Talsma – Jasper County Board of Supervisors Phil Clifton – Madison County Board of Supervisors Bill Patten – Marshall County Board of Supervisors Diana Dawley - Poweshiek County Board of Supervisors Lisa Heddens – Story County Board of Supervisors Aaron DeKock – Warren County Board of Supervisors JD Deambra – Adult Individual/Relative Representative Allie Wulfekuhle - Child Parent/Relative Representative Robin Maas – Education System Representative Julie Smith – Ex-officio, non-voting Adult Service Provider Krystina Engle – Ex-officio, non-voting Children's Behavioral Health Service Provider

Current CICS Adult Advisory Committee members are:

Kathy Hanzek, Mary Nelson, Brandon Greenfield, Anthony Wubben, Sherry Becker, JD Deambra, Jennifer Ellis, Tamara Morris, Sharon Swope, Grace Sivadge, Justin Terry, Julie Smith, Robert Sproule, Marion Kresse, Shan Sasser, Jeff Vance, Kirsten Klepfer, Cassie Fowler, and Governing Board ex-officio non-voting members Diana Dawley and BJ Hoffman. Current CICS Children's Behavioral Health Advisory Committee members are:

Allie Wulfekuhle, Morgan Bell, Karie Foster, Robin Maas, Kendra Alexander, Kelly Moore, Rita Baker, Lori Price, Rose Dickenson, Clarissa Thompson, Keith Halleland, Krystina Engle, Kelly Olson, Andrea Dickerson, Emily Lundberg, Shirley Faircloth, Dr. Jack Swanson, Dejah Roman, Matthew Benson, Police Chief Rob Burdess, and Governing Board ex-officio non-voting members Dawn Rudolph and Lisa Heddens.

A. Local Access Points

An access point is a part of the CICS service system trained to complete MHDS regional applications for persons with a disability.

| Access Point | Location | Contact Information |
|----------------------------------------|----------------------------------------------|---------------------|
| Boone County Community Services | 900 W 3rd St, Boone IA 50036 | 515-433-0593 |
| Franklin County Community Services | 123 1st Ave SW, Hampton IA 50441 | 641-456-2128 |
| Greene County Community Services | 114 N. Chestnut St, Jefferson IA 50129 | 515-386-5686 |
| | 500 Fairmeadow Dr., Webster City IA | |
| Hamilton County Community Services | 50595 | 515-832-9550 |
| Hardin County Community Services | 1201 14th Ave, Eldora IA 50627 | 641-939-8167 |
| Jasper County Community Services | 115 N 2nd Ave E, Newton IA 50208 | 641-791-2304 |
| | 112 John Wayne Dr., Winterset IA | |
| Madison County Community Services | 50273 | 515-493-1219 |
| Marshall County Community Services | 11 N. 1st Ave, Marshalltown IA 50158 | 641-754-6390 |
| Poweshiek County Community Services | 200 4 th Ave W, Grinnell IA 50112 | 641-236-9199 |
| | 126 S Kellogg Ave Suite 001, Ames IA | |
| Story County Community Services | 50010 | 515-663-2930 |
| | 1007 S Jefferson Way, Indianola IA | |
| Warren County Community Services | 50125 | 515-961-1068 |
| | 500 Fairmeadow Dr., Webster City IA | |
| Berryhill Center for Mental Health | 50595 | 515-832-6626 |
| Capstone Behavioral Healthcare, Inc | 306 N 3rd Ave E, Newton IA 50208 | 641-792-4012 |
| Center Associates | 9 N 4th Ave, Marshalltown IA 50158 | 641-752-1585 |
| Central Iowa Residential Services Inc. | 111 E Linn St, Marshalltown IA 50158 | 641-752-5762 |
| Christian Opportunity Center | 1602 N 14th St, Indianola IA 50125 | 515-961-3653 |
| Crossroads Behavioral Health Services | 102 W. Summit, Winterset IA 50273 | 515-462-3105 |
| Eyerly Ball Community Mental Health | | |
| Services | 105 S Marshall, Boone IA 50036 | 515-298-0181 |
| Eyerly Ball Community Mental Health | 2521 University Blvd, Suite 121, Ames | |
| Services | IA 50010 | 515-598-3300 |
| Eyerly-Ball Community Mental Health | | |
| Services | 1301 Center St, Des Moines IA 50139 | 515-243-5181 |
| | 602 South Oak St, PO Box 622, Iowa | |
| Hardin County FIA Friendship Club | Falls IA 50156 | 641-648-7500 |
| House of Mercy | 200 N 8th Ave E, Newton IA 50208 | 641-792-0717 |
| _ | 310 North Buxton St, Indianola IA | |
| House of Mercy | 50125 | 515-358-7610 |
| Imagine The Possibilities | 927 8th Street, Boone IA 50036 | 515-432-7288 |
| Imagine The Possibilities | 115 E Washington, Winterset IA 50273 | 515-462-9083 |
| Imagine The Possibilities | 1809 W 2nd Ave, Indianola IA 50125 | 515-961-6918 |
| Imagine The Possibilities | 115 E Lincoln Way, Jefferson IA 50129 | 563-652-5252 |
| Imagine The Possibilities | 925 Broad St., Grinnell IA 50012 | 641-236-0230 |
| Integrated Treatment Services | 303 S 2 nd Ave W, Newton IA 50208 | 641-792-0045 |
| | 300 W Hutchings St, Winterset IA | |
| Madison County Memorial Hospital | 50273 | 515-462-2373 |

CICS has designated the following access points for mental health and disability services.

| | | Adult Behavioral Unit: 515-239-2683 |
|--------------------------------------------|-------------------------------------------|-------------------------------------|
| Mary Greeley Medical Center | 1111 Duff Ave, Ames IA 50010 | Emergency Room: 515-239-2155 |
| Mary Greeley Medical Center Crisis | | |
| Stabilization – Transitional Living Center | 124 S. Hazel Ave., Ames, IA 50010 | 515-239-6747 |
| | 909 S 14th Ave, Marshalltown IA | |
| MIW, Inc. | 50158 | 641-752-3697 |
| Midwest Counseling | 8215 th Ave, Grinnell IA 50112 | 319-668-1217 |
| Optimae LifeServices | 17301st Ave E, Newton IA 50208 | 641-787-9133 |
| Optimae LifeServices | 104 S. Hazel, Ames IA 50010 | 515-956-2600 |
| | 101 E. Southridge Rd., Marshalltown | |
| Optimae LifeServices | IA 50158 | 641-351-4447 |
| Orchard Place – Child Guidance Center | 2116 Grand Ave., Des Moines IA 50312 | 515-244-2267 |
| | 106 W. Washington Street, Suite 2, | |
| Plains Area Mental Health | Jefferson IA 50129 | 712-792-2991 |
| Story County Medical Center | 640 S 19th St, Nevada IA 50201 | 515-382-2111 |
| | 2350 Hospital Dr., Webster City IA | |
| Van Diest Medical Center | 50595 | 515-832-9400 |
| YSS | 420 Kellogg Ave., Ames IA 50010 | 515-233-3141 |
| | 105 South Marshall St., Boone IA | |
| YSS | 50036 | 515-433-2091 |
| | 22 North Center St., Marshalltown IA | |
| YSS | 50158 | 641-752-2300 |
| | 1611 Prospect St., Webster City IA | |
| YSS | 50595 | 515-832-1061 |
| Zion Recovery Services – Safe Harbor | 706 S. Cedar Ave., Woodward IA | |
| Center | 50276 | 515-438-2331 |

CICS has designated the following access points for children's behavioral health services.

| Access Point | Location | Contact Information |
|---------------------------------------|-----------------------------------------------|---------------------|
| Boone County Community Services | 900 W 3rd St, Boone IA 50036 | 515-433-0593 |
| Franklin County Community Services | 123 1st Ave SW, Hampton IA 50441 | 641-456-2128 |
| Greene County Community Services | 114 N. Chestnut St, Jefferson IA 50129 | 515-386-5686 |
| | 500 Fairmeadow Dr., Webster City IA | |
| Hamilton County Community Services | 50595 | 515-832-9550 |
| Hardin County Community Services | 1201 14th Ave, Eldora IA 50627 | 641-939-8167 |
| Jasper County Community Services | 115 N 2nd Ave E, Newton IA 50208 | 641-791-2304 |
| | 112 John Wayne Dr., Winterset IA | |
| Madison County Community Services | 50273 | 515-493-1219 |
| Marshall County Community Services | 11 N. 1st Ave, Marshalltown IA 50158 | 641-754-6390 |
| Poweshiek County Community Services | 200 4 th Ave W, Grinnell IA 50112 | 641-236-9199 |
| | 126 S Kellogg Ave Suite 001, Ames IA | |
| Story County Community Services | 50010 | 515-663-2930 |
| | 1007 S Jefferson Way, Indianola IA | |
| Warren County Community Services | 50125 | 515-961-1068 |
| Ascend Therapy and Wellness | 123 1 st Ave. SW, Hampton IA 50441 | 319-242-2606 |
| Capstone Behavioral Healthcare, Inc | 306 N 3rd Ave E, Newton IA 50208 | 641-792-4012 |
| Center Associates | 9 N 4th Ave, Marshalltown IA 50158 | 641-752-1585 |
| Crossroads Behavioral Health Services | 102 W. Summit, Winterset IA 50273 | 515-462-3105 |
| Eyerly Ball Community Mental Health | | |
| Services | 105 S Marshall, Boone IA 50036 | 515-298-0181 |
| Eyerly Ball Community Mental Health | 2521 University Blvd, Suite 121, Ames | |
| Services | IA 50010 | 515-598-3300 |
| Eyerly-Ball Community Mental Health | | |
| Services | 1301 Center St, Des Moines IA 50139 | 515-243-5181 |
| | 2116 Grand Ave., Des Moines IA | |
| Orchard Place – Child Guidance Center | 50312 | 515-244-2267 |
| YSS | 420 Kellogg Ave., Ames IA 50010 | 515-233-3141 |

| | 105 South Marshall St., Boone IA | |
|-----|--------------------------------------|--------------|
| YSS | 50036 | 515-433-2091 |
| | 22 North Center St., Marshalltown IA | |
| YSS | 50158 | 641-752-2300 |
| | 1611 Prospect St., Webster City IA | |
| YSS | 50595 | 515-832-1061 |

B. Service Coordination and Targeted Case Management

The following agencies provide service coordination and/or targeted case management for CICS.

| Adult/Child/Both | Location | Contact Information |
|------------------|----------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| | | |
| Both | 900 W 3rd St, Boone IA 50036 | 515-433-0593 |
| | | |
| Both | 123 1st Ave SW, Hampton IA 50441 | 641-456-2128 |
| | | |
| Both | 114 N. Chestnut St, Jefferson IA 50129 | 515-386-5686 |
| | | |
| Both | 500 Fairmeadow Dr., Webster City IA 50595 | 515-832-9550 |
| | | |
| Both | 1201 14th Ave, Eldora IA 50627 | 641-939-8167 |
| | | |
| Both | 115 N 2nd Ave E, Newton IA 50208 | 641-791-2304 |
| | | |
| Both | 112 John Wayne Dr., Winterset IA 50273 | 515-493-1219 |
| | | |
| Both | 11 N. 1st Ave, Marshalltown IA 50158 | 641-754-6390 |
| | | |
| Both | 200 4 th Ave W, Grinnell IA 50112 | 641-236-9199 |
| | | |
| Both | 126 S Kellogg Ave Suite 001, Ames IA 50010 | 515-663-2930 |
| | | |
| Both | - | 515-961-1068 |
| | | |
| | | 1-800-464-9484 TTY: 711 |
| | | |
| | https://www.uhccommunityplan.com/ | |
| | 20C N 2rd Aug E Neutral A 50200 | C41 702 4012 |
| Adult | , | 641-792-4012 |
| Deth | | |
| Both | | 641-752-1585 |
| Poth | | E1E 002 1776 |
| butii | JUSZZ | 515-883-1776 |
| Roth | 1002 Cattonwood Rd Croston IA E0201 | 641-782-8457 |
| | | 515-242-6877 |
| both | | 515-242-0077 |
| Both | 1301 Summit St. Marshalltown IA E0159 | 641-844-1510 |
| both | | 041-044-1310 |
| Adult | 105 S Marshall Boone IA 50036 | 515-298-0181 |
| Audit | | 515-298-0181 |
| Adult | • | 515-598-3300 |
| Audit | 20010 | 313-330-3300 |
| Adult | 1301 Center St. Des Mainas IA 50120 | 515-243-5181 |
| Audit | | JTJ-243-2TOT |
| Child | 52400 Kirkwood Bivd. Sw, Cedar Kapids IA | 319-364-0259 |
| | J2404 | 515-504-0255 |
| | 1370 Timberlake Manor Pkwy, Chesterfield | |
| | Both Both Both Both Both | Both900 W 3rd St, Boone IA 50036Both123 1st Ave SW, Hampton IA 50441Both114 N. Chestnut St, Jefferson IA 50129Both500 Fairmeadow Dr., Webster City IA 50595Both1201 14th Ave, Eldora IA 50627Both115 N 2nd Ave E, Newton IA 50208Both112 John Wayne Dr., Winterset IA 50273Both112 John Wayne Dr., Winterset IA 50273Both112 John Wayne Dr., Winterset IA 50273Both112 John Wayne Dr., Winterset IA 50273Both110 Ave W, Grinnell IA 50158Both200 4th Ave W, Grinnell IA 50112Both126 S Kellogg Ave Suite 001, Ames IA 50010Both1007 S Jefferson Way, Indianola IA 501251089 Jordan Creek Parkway, West Des Moines IA 50266 Website: https://www.uhccommunityplan.com/Adult306 N 3rd Ave E, Newton IA 50208Both1003 Cottonwood Rd., Creston IA 50801Both1003 Cottonwood Rd., Creston IA 50801Both1301 Summit St. Marshalltown IA 50158Adult105 S Marshall, Boone IA 5036Adult105 S Marshall, Boone IA 5036Adult1301 Center St, Des Moines IA 50139S400 Kirkwood Blvd. SW, Cedar Rapids IA |

| | | Website: https://www.iowatotalcare.com/ | |
|------------------------------|-------|-----------------------------------------|--------------|
| Orchard Place Child Guidance | | | |
| Center | Child | 620 8th St., Des Moines IA 50309 | 515-256-3450 |
| Prairie Ridge Integrated | | | |
| Behavioral Healthcare | Adult | 123 1st Ave SW, Hampton IA 50441 | 641-456-2365 |
| Youth Emergency Services and | | | |
| Shelter (YESS) | Child | 918 SE 11th St., Des Moines IA 50309 | 515-282-9377 |
| YSS | Child | 420 Kellogg Ave., Ames IA 50010 | 515-233-3141 |

C. Crisis Planning

The following accredited crisis services are available to residents of the region for crisis prevention, response, and resolution.

24 Hour Crisis Response

| Provider | Location | Contact Information |
|---------------------------------------------------|----------------------------------------------------------|---------------------|
| Berryhill Center for Mental Health | 720 Kenyon Rd, Fort Dodge IA 50501 | 515-955-7171 |
| Capstone Behavioral Healthcare, Inc | 306 N 3 rd Ave E, Newton IA 50208 | 641-792-4012 |
| Capstone Behavioral Healthcare, Inc | 200 4th Ave W, Grinnell IA 50112 | 641-260-8270 |
| CenterAssociates | 9 N 4th Ave, Marshalltown IA 50158 | 641-752-1585 |
| Crossroads Mental Health | 102 W. Summit, Winterset IA 50273 | 515-462-3105 |
| Eyerly Ball Community Mental Health Services | 2521 University Blvd, Suite 121, Ames IA 50010 | 515-598-3300 |
| Eyerly Ball Community Mental Health Services | 1301 Center St, Des Moines IA 50139 | 515-243-5181 |
| Eyerly Ball Community Mental Health Services | 105 S Marshall, Boone IA 50036 | 515-298-0181 |
| Plains Area Mental Health | 106 W. Washington Street, Suite 2, Jefferson IA 50129 | 712-792-2991 |
| Prairie Ridge Integrated Behavioral Healthcare | 320 N Eisenhower Ave, Mason City IA 50401 | 641-424-2391 |

24 Hour Crisis Hotline

| Provider | Location | Contact Information |
|-------------------------------------|------------------------------------|----------------------|
| Your life Iowa – Foundation 2, Inc. | 1714 Johnson Ave. NW, Cedar Rapids | Phone: |
| | IA 52405 | 855-581-8111 |
| | | Text: |
| | | 855-895-8398 |
| | | Chat: |
| | | www.yourlifeiowa.org |

Crisis Evaluation

| Provider | Adult/Child/Both | Location | Contact Information |
|-------------------------------------------------|------------------|---------------------------------------------------|---------------------|
| Berryhill Center for Mental Health | Both | 720 Kenyon Rd, Fort Dodge IA 50501 | 515-955-7171 |
| Capstone Behavioral Healthcare, Inc | Both | 306 N 3 rd Ave E, Newton IA 50208 | 641-792-4012 |
| Capstone Behavioral Healthcare, Inc | Both | 200 4 th Ave W, Grinnell IA 50112 | 641-260-8270 |
| Center Associates | Both | 9 N 4th Ave, Marshalltown IA 50158 | 641-752-1585 |
| Crossroads Mental Health | Both | 102 W. Summit, Winterset IA 50273 | 515-462-3105 |
| Eyerly Ball Community Mental Health Services | Both | 2521 University Blvd, Suite 121, Ames IA 50010 | 515-598-3300 |
| Eyerly Ball Community Mental Health Services | Both | 1007 S. Jefferson Way, Indianola IA 50125 | 515-243-5181 |

| Eyerly Ball Community Mental Health Services | Both | 105 S Marshall, Boone IA 50036 | 515-298-0181 |
|---------------------------------------------------|------|----------------------------------------------------------|--------------|
| Plains Area Mental Health | Both | 106 W. Washington Street, Suite 2, Jefferson IA 50129 | 712-792-2991 |
| Prairie Ridge Integrated Behavioral Healthcare | Both | 320 N Eisenhower Ave, Mason City IA 50401 | 641-424-2391 |

Mobile Response

| Provider | Location | Contact Information |
|-------------------------------------------------|-----------------------------------------------|---------------------|
| Eyerly Ball Community Mental Health Services | 945 19 th St., Des Moines IA 50314 | 855-581-8111 |

Crisis Stabilization Community-based Services

| Provider | Adult/Child | Location | Contact Information |
|-----------------|-------------|----------|---------------------|
| To Be Developed | | | |

Crisis Stabilization Residential Services

| Provider | Adult/Child | Location | Contact Information |
|-------------------------------------|-------------|----------------------------------|---------------------|
| Mary Greeley Medical Center/Crisis | Adult | 124 S. Hazel Ave., Ames IA 50010 | 515-239-6747 |
| Stabilization – Transitional Living | | | |
| Center | | | |

23-Hour Observation

| Provider | Location | Contact Information |
|-----------------------------|-------------------------------|---------------------|
| Mary Greeley Medical Center | 1111 Duff Ave., Ames IA 50010 | 515-239-2683 |

When crisis services are accessed outside of the CICS region, CICS will follow the host region contract for crisis services. CICS also will consider entering into a Memorandum of Understanding (MOU) as needed with crisis service providers located outside of the region. Due to this, CICS anticipates expansion of crisis evaluation, crisis stabilization residential, and 23-hour crisis observation and holding services. CICS is exploring options for development of crisis stabilization community-based services for children and adults and development of children's crisis stabilization residential services.

Additional planning areas of focus in FY21 include expansion of the provider network to serve children with a serious emotional disturbance (SED) diagnosis with outpatient therapy services and assessment, evaluation, and early identification services. Additional areas of focus for expansion include prevention and education services and planning and management consultant services. CICS also will be evaluating expansion of drop-in-center services.

D. Intensive Mental Health Services

Per IAC 441-25.3(331)-25.3(2), intensive mental health core services are to be implemented on or before July 1, 2021. CICS is in the planning stages for implementation of an Access Center Network, intensive residential services, and subacute mental health services as well as considering expansion possibilities for Assertive Community Treatment (ACT). CICS will identify designated intensive mental health service providers by July 1, 2021. CICS will follow the host region contract for Access Center and subacute services utilized outside of the CICS region. ACT services are currently available in Boone and Story counties through Eyerly Ball Community Mental Health Services and in Hamilton County through Berryhill Center for Mental Health.

E. Scope of Services & Budget and Financing Provisions

The FY21 budget was developed by the finance team based on utilization for the current year and service development and expansion plans. The budget was reviewed and approved by the CICS Administrative Team and the CICS Finance Committee made up of appointed auditors and treasurers. The final step of the budget process is approval by the CICS Governing Board. As stated in Iowa Code 331.397 (2): Within funds available the region shall pay for such services for eligible persons when payment through the medical assistance program or another third party payment is not available unless the person is on a waiting list for such payment or it has been determined that the person does not meet the eligibility criteria for any such service. As the funder of non-Medicaid services, CICS is filling the gap for funding for services and support for individuals who are ineligible for Medicaid, prior to eligibility determination for Medicaid, and for services not covered by Medicaid. CICS assists individuals in applying for all funding available to them and will collaborate on individualized planning for services and supports, incorporating all funding streams available through regional Service Coordinators.

The table below identifies the scope of services offered by CICS. All required core services are available. If there is not funding identified in a core service column, it does not mean the service is not available. If an individual needs funding for a core service and meets eligibility requirements found in the Eligibility section of the CICS Mental Health and Disability Services Management Plan Policies and Procedures manual, funding will be made available. Core services for children's behavioral health are identified by (**) after the service name. Eligibility guidelines for children's behavioral health are identified by (**) after the service name. Eligibility Services Management Plan Policies and Procedures manual, and the revised manual will be made available on or before 7/1/2020. The current Policies and Procedures can be found at: *www.cicsmhds.org.*

The region will utilize braided funding that includes county, regional, state and other funding sources as necessary and available to meet the service needs within the region.

| FY 2021 Budget | CICS MHDS Region | ſ | VII (40) | I | ID(42) | DD(43) | BI (47) | Admin (44) | Total |
|-------------------|-----------------------------------------------------|----|----------|----|--------|--------------|--------------|------------|---------------|
| | | | | | | | | | |
| Core Domains | 5 | | | | | | | | |
| COA | Treatment | | | | | | | | |
| 42305 | Mental health outpatient therapy ** | \$ | 120,000 | \$ | 10,000 | \$ 10,000 | \$ 10,000 | | \$ 150,000 |
| 42306 | Medication prescribing & management ** | \$ | 20,000 | | | | | | \$ 20,000 |
| 43301 | Assessment, evaluation, and early identification ** | \$ | 5,000 | \$ | 5,000 | \$ 5,000 | \$ 5,000 | | \$ 20,000 |
| 71319 | Mental health inpatient therapy-MHI | \$ | 200,000 | | | | | | \$ 200,000 |
| 73319 | Mental health inpatient therapy ** | \$ | 25,000 | | | | | | \$ 25,000 |
| | Crisis Services | | | | | | | | |
| 32322 | Personal emergency response system | \$ | 1,000 | \$ | 1,000 | \$ 2,000 | \$ 1,000 | | \$ 5,000 |
| 44301 | Crisis evaluation | \$ | 750,000 | | | | | | \$ 750,000 |
| 44302 | 23 hour crisis observation & holding | \$ | 40,000 | | | | | | \$ 40,000 |
| 44305 | 24 hour access to crisis response | | | | | | | | \$ - |
| 44307 | Mobile response ** | \$ | 800,000 | \$ | 50,000 | \$ 50,000 | \$ 50,000 | | \$ 950,000 |
| 44312 | Crisis Stabilization community-based services ** | \$ | 100,000 | | | | | | \$ 100,000 |
| 44313 | Crisis Stabilization residential services ** | \$ | 150,000 | \$ | 25,000 | \$ 25,000 | \$ 25,000 | | \$ 225,000 |
| 44396 | Access Centers: start-up / sustainability | \$ | 300,000 | | | | | | \$ 300,000 |
| | Support for Community Living | | | | | | | | |

Table A. Expenditures

| 32320 | Home health aide | | | | | | | | | \$ | - |
|----------------------------------------------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|----|-----------|---------|---------|----|---------|----|---------|----------------------------|-----------------------------|
| 32325 | Respite | | | \$ | 2,500 | \$ | 2,500 | | | \$ | 5,000 |
| 32328 | Home & vehicle modifications | | | Ŷ | 2,500 | Ŷ | 2,500 | | | \$ | |
| 32329 | Supported community living | \$ | 700,000 | \$ | 250,000 | \$ | 100,000 | \$ | 50,000 | \$ | 1,100,000 |
| 42329 | Intensive residential services | \$ | 500,000 | Ŷ | 230,000 | Ŷ | 100,000 | Ŷ | 30,000 | \$ | 500,000 |
| 42529 | | Ş | 500,000 | | | | | | | Ş | 500,000 |
| 50262 | Support for Employment Prevocational services | Ś | 10.000 | Ś | F 000 | Ś | F 000 | Ś | F 000 | Ś | 25.000 |
| 50362 50364 | Job development | Ş | 10,000 | Ş | 5,000 | Ş | 5,000 | Ş | 5,000 | \$ | 25,000 |
| 50367 | Day habilitation | \$ | 100,000 | \$ | E0.000 | \$ | E0.000 | \$ | 25,000 | \$ | 225.000 |
| | | - | · · · · | | 50,000 | | 50,000 | | · · · · | | 225,000 |
| 50368 | Supported employment | \$ | 50,000 | \$ ¢ | 20,000 | \$ | 20,000 | \$ | 10,000 | \$ | 100,000 |
| 50369 | Group Supported employment-enclave | \$ | 10,000 | \$ | 5,000 | \$ | 5,000 | | | \$ | 20,000 |
| | Recovery Services | | | | | | | | | | |
| 45323 | Family support | \$ | 15,000 | \$ | 5,000 | \$ | 5,000 | | | \$ | 25,000 |
| 45366 | Peer support | \$ | 10,000 | \$ | 5,000 | \$ | 5,000 | | | \$ | 20,000 |
| | Service Coordination | | | | | | | | | - | |
| 21375 | Case management | | | | | | | | | \$ | - |
| 24376 | Health homes | | | | | | | | | \$ | - |
| | Sub-Acute Services | | | | | | | | | - | |
| 63309 | Subacute services-1-5 beds | \$ | 100,000 | | | | | | | \$ | 100,000 |
| 64309 | Subacute services-6 and over beds | \$ | 100,000 | | | | | | | \$ | 100,000 |
| | Core Evidenced Based Treatment | | | | | | | | | _ | |
| 04422 | Education & Training Services - provider competency | \$ | 4,000 | \$ | 4,000 | \$ | 4,000 | \$ | 3,000 | \$ | 15,000 |
| 32396 | Supported housing | Ŷ | 4,000 | Ŷ | 4,000 | Ŷ | 4,000 | Ŷ | 3,000 | \$ | |
| | | ć | 100.000 | | | | | ć | 25.000 | | 125.000 |
| 42398 | Assertive community treatment (ACT) | \$ | 100,000 | | | | | \$ | 25,000 | \$ | 125,000 |
| 45373 | Family psychoeducation | \$ | 10,000 | | | | | | | \$ | 10,000 |
| | Core Domains Total | Ş | 4,220,000 | \$ | 437,500 | \$ | 288,500 | \$ | 209,000 | \$ | 5,155,000 |
| Mandated Se | ervices | | | | | | | | | | |
| 46319 | Oakdale | \$ | 50,000 | | | | | | | \$ | 50,000 |
| 72319 | State resource centers | | | | | | | | | \$ | - |
| 74XXX | Commitment related (except 301) | \$ | 350,000 | \$ | 25,000 | \$ | 25,000 | | | \$ | 400,000 |
| 75XXX | Mental health advocate | \$ | 250,000 | | | | | | | \$ | 250,000 |
| | Mandated Services Total | \$ | 650,000 | \$ | 25,000 | \$ | 25,000 | \$ | - | \$ | 700,000 |
| | | | | | | | | | | | |
| Additional Co | pre Domains | | | | | | | | | | |
| Additional Co | pre Domains Justice system-involved services | | | | | | | | | | |
| Additional Co | | \$ | 600,000 | | | | | | | \$ | 600,000 |
| | Justice system-involved services | \$ | 600,000 | | | | | | | \$ | 600,000 |
| 25xxx | Justice system-involved services Coordination services | \$ | 600,000 | \$ | 2,500 | \$ | 2,500 | \$ | 2,500 | | 600,000 - 10,000 |
| 25xxx 44346 | Justice system-involved services Coordination services 24 hour crisis line* | | | \$ | 2,500 | \$ | 2,500 | \$ | 2,500 | \$ | - |
| 25xxx 44346 44366 | Justice system-involved services Coordination services 24 hour crisis line* Warm line* | \$ | 2,500 | \$ | 2,500 | \$ | 2,500 | \$ | 2,500 | \$ | - 10,000 |
| 25xxx 44346 44366 46305 | Justice system-involved services Coordination services 24 hour crisis line* Warm line* Mental health services in jails | \$ | 2,500 | \$ | 2,500 | \$ | 2,500 | \$ | 2,500 | \$ \$ \$ | - 10,000 |
| 25xxx 44346 44366 46305 46399 | Justice system-involved services Coordination services 24 hour crisis line* Warm line* Mental health services in jails Justice system-involved services-other | \$ | 2,500 | \$ | 2,500 | \$ | 2,500 | \$ | 2,500 | \$ \$ \$ \$ | - 10,000 250,000 - |
| 25xxx 44346 44366 46305 46399 46422 | Justice system-involved services Coordination services 24 hour crisis line* Warm line* Mental health services in jails Justice system-involved services-other Crisis prevention training | \$ | 2,500 | \$ | 2,500 | \$ | 2,500 | \$ | 2,500 | \$ \$ \$ \$ \$ | - 10,000 250,000 - |

| 42366 | Peer self-help drop-in centers | \$ | 685,000 | \$ | 50,000 | \$ | 25,000 | \$ | 25,000 | \$ | 785,000 |
|---------------------------------|-----------------------------------------------------------------------|----|-----------|----|---------|----|---------|----|---------|----------|-----------|
| 42397 | Psychiatric rehabilitation (IPR) | \$ | 60,000 | | | | | | | \$ | 60,000 |
| | Additional Core Domains Total | \$ | 1,627,500 | \$ | 52,500 | Ś | 27,500 | \$ | 27,500 | \$ | 1,735,000 |
| Other Inform | ational Services | Ţ | 1,027,500 | Ţ | 52,500 | Ŷ | 27,500 | Ŷ | 27,500 | <u> </u> | 1,705,000 |
| 03371 | Information & referral | | | | | | | | | \$ | _ |
| 04372 | Planning, consultation &/or early intervention (client related) ** | | | | | | | | | \$ | |
| 04377 | Provider Incentive Payment | | | | | | | | | \$ | - |
| 04399 | Consultation Other | | | | | | | | | \$ | - |
| 04429 | Planning and Management Consultants (non- client related) | \$ | 50,000 | | | | | | | \$ | 50,000 |
| 05373 | Public education, prevention and education ** | \$ | 100,000 | \$ | 50,000 | \$ | 25,000 | \$ | 25,000 | \$ | 200,000 |
| | Other Informational Services Total | \$ | 150,000 | \$ | 50,000 | \$ | 25,000 | \$ | 25,000 | \$ | 250,000 |
| Community Living Supports | | | | | | | | | | | |
| 06399 | Academic services | | | | | | | | | \$ | - |
| 22XXX | Services management | \$ | 500,000 | \$ | 500,000 | \$ | 500,000 | \$ | 100,000 | \$ | 1,600,000 |
| 23376 | Crisis care coordination | | | | | | | | | \$ | - |
| 23399 | Crisis care coordination other | | | | | | | | | \$ | - |
| 24399 | Health home other | | | | | | | | | \$ | - |
| 31XXX | Transportation | \$ | 145,000 | \$ | 50,000 | \$ | 50,000 | \$ | 5,000 | \$ | 250,000 |
| 32321 | Chore services | | | | | | | | | \$ | - |
| 32326 | Guardian/conservator | \$ | 2,000 | \$ | 1,000 | \$ | 1,000 | \$ | 1,000 | \$ | 5,000 |
| 32327 | Representative payee | \$ | 5,000 | \$ | 5,000 | \$ | 5,000 | \$ | 5,000 | \$ | 20,000 |
| 32335 | CDAC | | | | | | | | | \$ | - |
| 32399 | Other support | | | | | | | | | \$ | - |
| 33330 | Mobile meals | | | | | | | | | \$ | - |
| 33340 | Rent payments (time limited) | \$ | 75,000 | \$ | 50,000 | \$ | 50,000 | \$ | 25,000 | \$ | 200,000 |
| 33345 | Ongoing rent subsidy | | | | | | | | | \$ | - |
| 33399 | Other basic needs | \$ | 40,000 | \$ | 15,000 | \$ | 15,000 | \$ | 10,000 | \$ | 80,000 |
| 41305 | Physiological outpatient treatment | \$ | 2,000 | \$ | 2,000 | \$ | 1,000 | | | \$ | 5,000 |
| 41306 | Prescription meds | \$ | 7,500 | \$ | 2,500 | \$ | 5,000 | | | \$ | 15,000 |
| 41307 | In-home nursing | | | | | | | | | \$ | - |
| 41308 | Health supplies | | | | | | | | | \$ | - |
| 41399 | Other physiological treatment | | | | | | | | | \$ | - |
| 42309 | Partial hospitalization | | | | | | | | | \$ | - |
| 42310 | Transitional living program | \$ | 325,000 | \$ | 25,000 | \$ | 25,000 | \$ | 25,000 | \$ | 400,000 |
| 42363 | Day treatment | | | | | | | | | \$ | - |
| 42396 | Community support programs | \$ | 2,500 | \$ | 2,500 | \$ | 2,500 | \$ | 2,500 | \$ | 10,000 |
| 42399 | Other psychotherapeutic treatment | | | | | | | | | \$ | - |
| 43399 | Other non-crisis evaluation | | | | | | | | | \$ | - |
| 44304 | Emergency care | | | | | | | | | \$ | - |
| 44399 | Other crisis services | | | | | | | | | \$ | - |
| 45399 | Other family & peer support | | | | | | | | | \$ | - |
| 46306 | Psychiatric medications in jail | \$ | 50,000 | | | | | | | \$ | 50,000 |

| 50264 | | | | | | | | I | | | | ć | |
|---------------|------------------------------------------------|----------|-----------|----|-----------|----|-----------|----------------|---------|----|-----------|----|------------|
| 50361 | Vocational skills training | | | | | | | | | | | \$ | - |
| 50365 | Supported education | | | | | | | | | | | \$ | - |
| 50399 | Other vocational & day services | | | | | | | | | | | \$ | - |
| 63XXX | RCF 1-5 beds <i>(63314, 63315 & 63316)</i> | | | | | | | | | | | \$ | - |
| 63XXX | ICF 1-5 beds (63317 & 63318) | | | | | | | | | | | \$ | - |
| 63329 | SCL 1-5 beds | | | | | | | | | | | \$ | - |
| 63399 | Other 1-5 beds | | | | | | | | | | | \$ | - |
| | Community Living Supports | \$ | 1,154,000 | \$ | 653,000 | \$ | 654,500 | \$ | 173,500 | | | \$ | 2,635,000 |
| Other Congre | gate Services | | | | | | | | | | | | |
| 50360 | Work services (work activity/sheltered work) | | | | | | | | | | | \$ | - |
| 64XXX | RCF 6 and over beds (64314, 64315 & 64316) | \$ | 700,000 | \$ | 100,000 | \$ | 100,000 | | | | | \$ | 900,000 |
| 64XXX | ICF 6 and over beds (64317 & 64318) | | | | | | | | | | | \$ | - |
| 64329 | SCL 6 and over beds | | | | | | | | | | | \$ | - |
| 64399 | Other 6 and over beds | | | | | | | | | | | \$ | - |
| | Other Congregate Services Total | \$ | 700,000 | \$ | 100,000 | \$ | 100,000 | \$ | - | | | \$ | 900,000 |
| Administratio | n | | | | | | | | | | | | |
| 11XXX | Direct Administration | | | | | | | | | \$ | 1,500,000 | \$ | 1,500,000 |
| 12XXX | Purchased Administration | | | | | | | | | \$ | 125,000 | \$ | 125,000 |
| | Administration Total | | | | | | | | | \$ | 1,625,000 | \$ | 1,625,000 |
| | | | | | | | | | | | ,, | | // |
| | Regional Totals | \$ | 8,501,500 | Ś | 1,318,000 | \$ | 1,120,500 | Ś | 435,000 | \$ | 1,625,000 | \$ | 13,000,000 |
| | | <u> </u> | 2,002,000 | Ÿ | _,010,000 | Ÿ | _,0,000 | , , | , | Ý | _,020,000 | Ý | |
| | | | | ĺ | | | | | | [| | | |
| (45XX-XXX)Co | unty Provided Case Management | | | | | | | | | | | \$ | |
| (46XX-XXX)Co | unty Provided Services | | | | | | | | | | | \$ | |
| | | | | | | | | | | | | | |
| | Regional Grand Total | | | | | | | | | | | \$ | 13,000,000 |

*24 hour crisis line and warm line are transitioning from additional core to state wide core services with state funding.

**Core services for children with a serious emotional disturbance (SED)

Table B. Revenues

| FY 2021 Budget | CICS MHDS Region | | |
|-------------------|----------------------------------------|-----------|-----------------|
| Revenues | | | |
| | Projected Fund Balance as of 6/30/20 | | \$ 8,786,932 |
| | Local/Regional Funds | | \$ 8,850,208 |
| 10XX | Property Tax Levied | 8,801,208 | |
| 12XX | Other County Taxes | - | |
| 16XX | Utility Tax Replacement Excise Taxes | - | |
| 25XX | Other Governmental Revenues | - | |
| 4XXX-5XXX | Charges for Services | - | |
| 5310 | Client Fees | - | |
| 60XX | Interest | 49,000 | |
| 6XXX | Use of Money & Property | - | |
| 8XXX | Miscellaneous | - | |
| 9040 | Other Budgetary Funds (Polk Only) | - | |
| | | - | |
| | State Funds | | \$ |
| 21XX | State Tax Credits | - | |
| 22XX | Other State Replacement Credits | - | |
| 2250 | MHDS Equalization | - | |
| 24XX | State/Federal pass thru Revenue | - | |
| 2644 | MHDS Allowed Growth / State Gen. Funds | - | |
| 29XX | Payment in Lieu of taxes | - | |
| | | - | |
| | Federal Funds | | \$ - |
| 2344 | Social services block grant | - | |
| 2345 | Medicaid | - | |
| | Other | - | |
| | Total Revenues | | \$ 8,850,208 |

| Total Funds Available for FY21 | \$ 17,637,140 |
|----------------------------------------------|------------------|
| FY21 Projected Regional Expenditures | \$ 13,000,000 |
| Projected Accrual Fund Balance as of 6/30/21 | \$ 4,637,140 |

| County | 2018 Est. Pop. | Regional Per Capita | FY21 Max Levy | FY21 Actual Levy | Actual Levy Per Capita |
|-------------------|----------------|------------------------|---------------|------------------|------------------------------|
| Boone | 26,346 | 35.50 | 935,283 | \$ 684,996 | 26.00 |
| Franklin | 10,124 | 35.50 | 359,402 | \$ 263,224 | 26.00 |
| Greene | 8,981 | 35.50 | 318,826 | \$ 233,506 | 26.00 |
| Hamilton | 14,952 | 35.50 | 530,796 | \$ 388,752 | 26.00 |
| Hardin | 16,868 | 35.50 | 598,814 | \$ 438,568 | 26.00 |
| Jasper | 37,147 | 35.50 | 1,318,719 | \$ 965,822 | 26.00 |
| Madison | 16,249 | 35.50 | 576,840 | \$ 422,474 | 26.00 |
| Marshall | 39,981 | 35.50 | 1,419,326 | \$ 1,039,506 | 26.00 |
| Poweshiek | 18,699 | 35.50 | 663,815 | \$ 486,174 | 26.00 |
| Story | 98,105 | 35.50 | 3,482,728 | \$ 2,550,730 | 26.00 |
| Warren | 51,056 | 35.50 | 1,812,488 | \$ 1,327,456 | 26.00 |
| Total CICS Region | 338,508 | | 12,017,034 | 8,801,208 | 26.00 |

Table E. County Levies

G. Financial Forecasting Measures

The following is a description of the financial forecasting measures used by CICS in the identification of service need and funding necessary for services.

Pooled funds pay for all services claims. Administrative claims are paid through locally held funds retained in the counties. Historical service utilization is the starting point for all financial projections. Fiscal Year 2016 was the first year CICS used a combined regional budget, and that continues to provide a base for further analysis of expenditure trends. The pooling of services funds provides for standardization of the Chart of Account codes and more consistent reporting. Costs of additional services added throughout the year are analyzed prior to budgeting.

In FY19 stakeholder meetings were held to receive feedback and suggestions for Access Center services and Intensive Residential Services. Consensus from the meetings held was to develop an Access Center Network as CICS has many of the services currently available that are required of an Access Center. It was identified that CICS will need to develop subacute services and develop the referral process for the Access Center Network. CICS Coordination Officers completed a review of current individuals served to identify capacity and need for Intensive Residential Services. The FY21 budget was developed to continue current funding for core services for adults, expand funding for core children behavioral health services, development and expansion of core services for children and adults, and continued funding of additional core and non-core services as possible.

CICS has reduced funding for transitional living programs, is closely monitoring gap funding for services, and is working closely with individuals to transition from residential care facility services to community-based services when possible. In FY21 CICS will no longer fund an Access to Crisis Services fee previously contracted with Community Mental Health Centers and identified providers and is reducing Administrative costs through attrition and other adjustments. CICS is reviewing other possible reductions in funding related to rent/utility assistance, other basic needs, jail diversion services, intensive psychiatric rehabilitation services provided in the jail, and voluntary transportation services. In addition, CICS is reviewing block grant funded services and intends to transition to a fee-for-service reimbursement structure in the future where possible.

The CICS 28E Agreement allows the CICS Governing Board to adjust the mental health levy to meet the budget needs. CICS currently relies on fund balance and local levies to meet the service needs for non-Medicaid services. The per capita is equalized in all 11 counties and will be increasing from \$22.20 to \$26.00 per capita for FY21. The increase in the per capita levy has been determined necessary based on financial forecasting measures which includes ending fund balance information, projected expenditures and projected revenue needs. The forecasting measures are also guided by the 40% carry forward legislative requirement to be implemented FY24. In FY21 CICS will continue to use fund balance dollars and local levy dollars to pay for service needs. The CICS maximum levy cap is \$12.02 million currently. CICS will make adjustments as needed if proposed legislative changes for funding of the mental health disability service system are approved.

The chart below identifies and defines specific services and projects funds needed based on current utilization and available services. Additional funds are budgeted to improve service access and the development of additional services, including crisis services, intensive mental health services, public education, and prevention and education.

| | | Domains and Services | Projection of Need | Encumbered for Development 8 Expansion |
|---------|-------------------------------------------------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-----------------------|----------------------------------------------|
| Core Do | mains | | | |
| | Treatment | | | |
| | Mental health outpatient therapy | Includes medication prescribing and management, therapy. Access standards: emergency within 15 minutes of contact, urgent within one hour of contact or 24 hours of phone contact, routine within 4 weeks of request for appointment (within 45 miles). | \$75,000 | \$75,000 Expansion |
| | Medication prescribing & management | Medication prescribing services with the individual present including but not limited to determining how the medication is affecting the individual, determining any drug interactions or adverse drug effects, proper dosage level. Medication management services provided with the individual present or on behalf of the individual including but not limited to monitoring effectiveness, compliance of medication regime, coordination with care providers, investigating medical interactions, reviewing lab reports and activities pursuant to licensed prescriber orders. | \$20,000 | |
| | Assessment, evaluation & early identification | The clinical review by a mental health professional of the current functioning of the individual using the service in regard to the individual's situation, needs, strengths, abilities, desires, and goals to determine the appropriate level of care. Early identification means the process of detecting developmental delays or untreated conditions that may indicate the need for further evaluation. | \$10,000 | \$10,000 <u>Expansion</u> |
| | Mental health inpatient therapy- MHI Private | 24 hour settings that provide services to treat acute psychiatric conditions provided in a licensed hospital with a psychiatric unit or a licensed freestanding psychiatric hospital. Primary goal is to provide a comprehensive evaluation, rapidly stabilize symptoms, address health and safety needs, and develop a comprehensive and appropriate discharge plan. Access within 24 hours and close proximity. | \$200,000 \$25,000 | |
| | Crisis Services | | | |
| | Personal emergency response system | An electronic device connected to a 24 hour staffed system which allows the individual to access assistance in the event of an emergency. | \$5,000 | |
| | Crisis evaluation | The process used with an individual to collect information related to the individual's history and needs, strengths, and abilities in order to determine appropriate services or referral during an acute episode. Access within 24 hours. | \$600,000 | \$150,000 Expansion |
| | 23 hour crisis observation & holding | A level of care provided up to 23 hours in a secure and protected, medically staffed, psychiatrically supervised treatment environment. | \$20,000 | \$20,000 Expansion |
| | 24 hour access to crisis response | Outpatient (24 Hour Crisis Response Services)- short term individualized mental health services following a crisis screening or assessment, which are designed to restore the individual to prior functional level. | - | |
| | Mobile response | A mental health service which provides on-site, face-to-face mental health crisis services for individuals experiencing a mental health crisis. Mobile crisis staff have the capacity to intervene, wherever the crisis is | \$950,000 | |

| | | 1 | |
|-----------------------------------------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-------------|---------------------------------------|
| | occurring, including but not limited to the individual's place of residence, emergency rooms, police stations, outpatient mental health | | |
| | settings, schools, recovery centers, or any other location where the individual lives, works, attends school, or socializes. | | |
| Crisis Stabilization community-based services | Services provided in community-based settings to de-escalate and stabilize an individual following a mental health crisis. | \$50,000 | \$50,000 Development |
| Crisis Stabilization residential services | Services provided in short-term, non -community-based residential settings to de-escalate and stabilize a mental health crisis. | \$100,000 | \$125,000 |
| Access Centers: start- up/ sustainability | Start-up, sustainability, and coordination costs for a regionally designated access center. (**Actual services provided in an access center should be funded under the corresponding service chart of account code). | - | Expansion \$300,000 Development |
| Support for Com | munity Living | | |
| Home health aide | Unskilled medical services which provide direct personal care. This service may include assistance with activities of daily living, such as helping the recipient to bathe, get in and out of bed, care for hair and teeth, exercise, and take medications specifically ordered by the physician. | - | |
| Respite | A temporary period of relief and support for individuals and their families provided in a variety of settings. The intent is to provide a safe environment with staff assistance for individuals who lack an adequate support system to address current issues related to a disability. Respite may be provided for a defined period of time; respite is either planned or provided in response to a crisis. | \$5,000 | |
| Home & vehicle modifications | A service that provides physical modifications to the home or vehicle that directly address the medical health or remedial needs of the individual that are necessary to provide for the health, welfare, and safety of the member and to increase or maintain independence. | - | |
| Supported community living | Services provided in a non-institutional setting to adult persons with mental illness, intellectual, or developmental disabilities to meet the persons' daily living needs. Access standards within 4 weeks of request. | \$1,100,000 | |
| Intensive residential services | Intensive, community-based services provided 24 hours a day, 365 days a year to individuals with a severe and persistent mental illness or multi-occurring conditions. Providers of intensive residential service homes are enrolled with Medicaid as providers of HCBS Habilitation or HCBS Intellectual Disability Waiver Supported Community Living and meet additional criteria specified in Iowa Administrative Code 441.25.6(7). | - | \$500,000 <u>Development</u> |
| Support for Empl | | | |
| Prevocational services | Prevocational services- services that focus on developing generalized skills that prepare an individual for paid or unpaid employment. Skill development includes but is not limited to following directions, attending to tasks, task completion, problem solving, and safety and mobility training. Prevocational services can be provided in a variety of settings. | \$25,000 | |
| Day habilitation | Services that assist or support the individual in developing or maintaining life skills and community integration. Services shall enable or enhance the individual's functioning, physical and emotional health and development, language and communication development, cognitive functioning, socialization and community integration, functional skill development, behavior management, responsibility and self-direction, daily living activities, self-advocacy skills, or mobility. | \$225,000 | |
| Job development | An approach to helping individuals participate as much as possible in | - | |
| Supported employment | competitive work in integrated work settings that are consistent with the strengths, resources, priorities, concerns, abilities, capabilities, interests, and informed choice of the individuals. Services are targeted for individuals with significant disabilities for whom competitive employment has not traditionally occurred; or for whom competitive employment has been interrupted or intermittent as a result of a significant disability including either individual or group supported employment, or both, consistent with evidence-based practice standards published by the Substance Abuse and Mental Health Services Administration. Access standards within 60 days of request. | \$100,000 | |

| | Group Supported employment-enclave | Group Supported Employment- the job and training activities in business and industry settings for groups of no more than eight workers with disabilities. Group settings include enclaves, mobile crews, and other business based workgroups employing small groups of workers with disabilities in integrated, sustained, paid employment. | \$20,000 | | | |
|-----------|-----------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-----------|------------------------------|--|--|
| | Recovery Service | Recovery Services | | | | |
| | Family support | Family support peer specialist and peer support specialist that assist | \$25,000 | | | |
| | Peer support | the family of an individual to live successfully including, but not limited to, education and information, individual advocacy, family support groups, and crisis response. | \$20,000 | | | |
| | Service Coordina | Ition | | | | |
| | Case management | Service provided by a case manager, service coordinator, or Health | - | | | |
| | Health homes | Home through an interdisciplinary array of medical care, behavioral health care, and community-based social services and supports. Assists individuals in gaining access to needed medical, social, educational, and other services through assessment, development of a care plan, referral, monitoring, and follow-up using a strengths-based service approach that helps individuals achieve specific desired outcomes leading to a healthy self-reliance and interdependence with their community. Access within 10 days of request. | - | | | |
| | Sub-Acute Servic | · · · | | | | |
| | Subacute services-1-5 beds | Partial Hospitalization (Sub Acute Services)- a comprehensive set of wraparound services for persons who have had or are at imminent risk | - | \$100,000 | | |
| | Subacute services-6 and over beds | of having acute or crisis mental health symptoms that do not permit the persons to remain in or threatens removal of the persons from their home and community, but who have been determined by a mental health professional and a licensed health care professional and a licensed health care professional, subject to the professional's scope of practice, not to need inpatient acute hospital services. | - | \$100,000 Development | | |
| | Core Evidence-Ba | ased Treatment | | | | |
| | Education & Training Services - provider competency | Educational and Training Services means training related to provider competency in delivering co-occurring integrated services, trauma- informed services, and evidence-based practices. | \$15,000 | | | |
| | Supported housing | Supportive housing means a combination of housing and services intended as a cost-effective way to help people live more stable, productive lives; tenancy not predicted on services. | - | | | |
| | Assertive community treatment (ACT) | An intensive and highly integrated approach for community mental health service delivery. ACT programs serve individuals whose symptoms of mental illness result in serious functioning difficulties in several major areas of life, often including work, social relationships, residential independence, money management, and physical health and wellness. | \$100,000 | \$25,000 <u>Expansion</u> | | |
| | Family psychoeducation | Family psychoeducation- services including the provision of emotional support, education, resources during periods of crisis, and problem- solving skills consistent with evidence-based practice standards published by the Substance Abuse and Mental Health Services Administration. | \$10,000 | | | |
| Mandate | d Services | | 1 | | | |
| | Oakdale | Hospital Services provided at Iowa Medical & Classification Center Code of Iowa Chapter 812. | \$50,000 | | | |
| | Commitment related (except 301) | Diagnostic Evaluations/Sheriff transportation/Legal representation | \$400,000 | | | |
| | Mental health advocate | | \$250,000 | | | |
| | | | | | | |
| Additiona | al Core Domains | | | | | |
| Additiona | | volved Services | | | | |

| <u> </u> | 24 have enisis line | Crisis Hatling (fee anid to wonden) (24 Have Crisis Line) Talanhawa | | |
|--------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-------------------------------------------|------------------------------|
| Department | 24 hour crisis line | Crisis Hotline (fee paid to vendor) (24 Hour Crisis Line) Telephone crisis service- program that operates a crisis hotline either directly or | - | |
| of Human | | through a contract. The service shall be available 24 hours a day and | | |
| Services | | seven days a week including, but not limited to, relief of distress in | | |
| | | pre-crisis and crisis situations, reduction of the risk of escalation, | | |
| | | arrangements for emergency on-site responses when necessary, and referral of callers to appropriate services. | | |
| | Warm line | Social Support (Warm Line) - a line staffed by peer counselors, who provide nonjudgmental, nondirective support to an individual who is experiencing a personal crisis. | \$10,000 | |
| | Mental health services in | Outpatient mental health services provided to individuals in criminal | \$250,000 | |
| | jails | justice settings. | \$250,000 | |
| | Justice system-involved services-other | Other support services within the justice system. | - | |
| | Crisis prevention training | Educational and Training Services Safety training for law enforcement, first responders, etc., regarding mental health awareness such as Crisis Intervention Training (CIT). | \$25,000 | |
| | Civil commitment prescreening evaluation | Evaluations completed prior to commitment with goal to divert individuals from commitment process. | \$5,000 | |
| | Additional Core E | vidence-Based Treatment | | |
| | Peer self-help drop-in | Social Support services- drop in centers and Clubhouse centers. | \$735,000 | \$50,000 |
| | centers | | | Expansion |
| | Psychiatric rehabilitation | Psychiatric Rehabilitation- is for individualized services designed to | \$60,000 | |
| | (IPR) | increase the consumer's ability to function independently to prevent | | |
| | | or reduce the need for services in a hospital or residential setting and | | |
| | | to promote the consumer's recovery of the ability to perform a valued role in society. | | |
| Other Infor | mational Services | | | |
| Other millor | inational Jei vices | | | |
| | Information & referral | Information & Referral are activities designed to provide facts about | - | |
| Other mor | Information & referral | resources available/help to access those resources. | | |
| | Information & referral Planning, Consultation | resources available/help to access those resources. Consultation means advisory activities directed to a service provider | - | |
| | Information & referral Planning, Consultation and/or early intervention | resources available/help to access those resources. Consultation means advisory activities directed to a service provider to assist the provider in delivering services to a specific person. Early | | |
| | Information & referral Planning, Consultation | resources available/help to access those resources. Consultation means advisory activities directed to a service provider to assist the provider in delivering services to a specific person. Early intervention means services designed to address the social, | | |
| | Information & referral Planning, Consultation and/or early intervention | resources available/help to access those resources. Consultation means advisory activities directed to a service provider to assist the provider in delivering services to a specific person. Early | | |
| | Information & referral Planning, Consultation and/or early intervention | resources available/help to access those resources. Consultation means advisory activities directed to a service provider to assist the provider in delivering services to a specific person. Early intervention means services designed to address the social, emotional, and developmental needs of children at their earliest | - | |
| | Information & referral Planning, Consultation and/or early intervention (client related) Planning and | resources available/help to access those resources. Consultation means advisory activities directed to a service provider to assist the provider in delivering services to a specific person. Early intervention means services designed to address the social, emotional, and developmental needs of children at their earliest stages to decrease long-term effects and provide support in meeting developmental milestones. Consultation means advisory activities directed to a service provider | | \$40,000 |
| | Information & referral Planning, Consultation and/or early intervention (client related) Planning and management consultants | resources available/help to access those resources. Consultation means advisory activities directed to a service provider to assist the provider in delivering services to a specific person. Early intervention means services designed to address the social, emotional, and developmental needs of children at their earliest stages to decrease long-term effects and provide support in meeting developmental milestones. Consultation means advisory activities directed to a service provider to assist the provider in planning, developing, or implementing | - | |
| | Information & referral Planning, Consultation and/or early intervention (client related) Planning and | resources available/help to access those resources. Consultation means advisory activities directed to a service provider to assist the provider in delivering services to a specific person. Early intervention means services designed to address the social, emotional, and developmental needs of children at their earliest stages to decrease long-term effects and provide support in meeting developmental milestones. Consultation means advisory activities directed to a service provider | - | \$40,000 <u>Expansion</u> |
| | Information & referral Planning, Consultation and/or early intervention (client related) Planning and management consultants | resources available/help to access those resources. Consultation means advisory activities directed to a service provider to assist the provider in delivering services to a specific person. Early intervention means services designed to address the social, emotional, and developmental needs of children at their earliest stages to decrease long-term effects and provide support in meeting developmental milestones. Consultation means advisory activities directed to a service provider to assist the provider in planning, developing, or implementing programs; or in solving management or administrative problems; or | - | |
| | Information & referral Planning, Consultation and/or early intervention (client related) Planning and management consultants (non-client related) | resources available/help to access those resources. Consultation means advisory activities directed to a service provider to assist the provider in delivering services to a specific person. Early intervention means services designed to address the social, emotional, and developmental needs of children at their earliest stages to decrease long-term effects and provide support in meeting developmental milestones. Consultation means advisory activities directed to a service provider to assist the provider in planning, developing, or implementing programs; or in solving management or administrative problems; or addressing other concerns in the provider's own organization. Education services means activities that increase awareness and understanding of the causes and nature of conditions or factors which | \$10,000 | Expansion |
| | Information & referral Planning, Consultation and/or early intervention (client related) Planning and management consultants (non-client related) Public education, | resources available/help to access those resources. Consultation means advisory activities directed to a service provider to assist the provider in delivering services to a specific person. Early intervention means services designed to address the social, emotional, and developmental needs of children at their earliest stages to decrease long-term effects and provide support in meeting developmental milestones. Consultation means advisory activities directed to a service provider to assist the provider in planning, developing, or implementing programs; or in solving management or administrative problems; or addressing other concerns in the provider's own organization. Education services means activities that increase awareness and understanding of the causes and nature of conditions or factors which affect an individual's development and functioning. Prevention means | \$10,000 | Expansion \$100,000 |
| | Information & referral Planning, Consultation and/or early intervention (client related) Planning and management consultants (non-client related) Public education, prevention and | resources available/help to access those resources. Consultation means advisory activities directed to a service provider to assist the provider in delivering services to a specific person. Early intervention means services designed to address the social, emotional, and developmental needs of children at their earliest stages to decrease long-term effects and provide support in meeting developmental milestones. Consultation means advisory activities directed to a service provider to assist the provider in planning, developing, or implementing programs; or in solving management or administrative problems; or addressing other concerns in the provider's own organization. Education services means activities that increase awareness and understanding of the causes and nature of conditions or factors which affect an individual's development and functioning. Prevention means efforts to increase awareness and understanding of the causes and | \$10,000 | Expansion |
| | Information & referral Planning, Consultation and/or early intervention (client related) Planning and management consultants (non-client related) Public education, prevention and | resources available/help to access those resources. Consultation means advisory activities directed to a service provider to assist the provider in delivering services to a specific person. Early intervention means services designed to address the social, emotional, and developmental needs of children at their earliest stages to decrease long-term effects and provide support in meeting developmental milestones. Consultation means advisory activities directed to a service provider to assist the provider in planning, developing, or implementing programs; or in solving management or administrative problems; or addressing other concerns in the provider's own organization. Education services means activities that increase awareness and understanding of the causes and nature of conditions or factors which affect an individual's development and functioning. Prevention means efforts to increase awareness and understanding of the causes and nature of conditions or situations which affect an individual's | \$10,000 | Expansion \$100,000 |
| | Information & referral Planning, Consultation and/or early intervention (client related) Planning and management consultants (non-client related) Public education, prevention and | resources available/help to access those resources. Consultation means advisory activities directed to a service provider to assist the provider in delivering services to a specific person. Early intervention means services designed to address the social, emotional, and developmental needs of children at their earliest stages to decrease long-term effects and provide support in meeting developmental milestones. Consultation means advisory activities directed to a service provider to assist the provider in planning, developing, or implementing programs; or in solving management or administrative problems; or addressing other concerns in the provider's own organization. Education services means activities that increase awareness and understanding of the causes and nature of conditions or factors which affect an individual's development and functioning. Prevention means efforts to increase awareness and understanding of the causes and | \$10,000 | Expansion \$100,000 |
| | Information & referral Planning, Consultation and/or early intervention (client related) Planning and management consultants (non-client related) Public education, prevention and | resources available/help to access those resources. Consultation means advisory activities directed to a service provider to assist the provider in delivering services to a specific person. Early intervention means services designed to address the social, emotional, and developmental needs of children at their earliest stages to decrease long-term effects and provide support in meeting developmental milestones. Consultation means advisory activities directed to a service provider to assist the provider in planning, developing, or implementing programs; or in solving management or administrative problems; or addressing other concerns in the provider's own organization. Education services means activities that increase awareness and understanding of the causes and nature of conditions or factors which affect an individual's development and functioning. Prevention means efforts to increase awareness and understanding of the causes and nature of conditions or situations which affect an individual's functioning in society. Prevention activities are designed to convey | \$10,000 | Expansion \$100,000 |
| | Information & referral Planning, Consultation and/or early intervention (client related) Planning and management consultants (non-client related) Public education, prevention and | resources available/help to access those resources. Consultation means advisory activities directed to a service provider to assist the provider in delivering services to a specific person. Early intervention means services designed to address the social, emotional, and developmental needs of children at their earliest stages to decrease long-term effects and provide support in meeting developmental milestones. Consultation means advisory activities directed to a service provider to assist the provider in planning, developing, or implementing programs; or in solving management or administrative problems; or addressing other concerns in the provider's own organization. Education services means activities that increase awareness and understanding of the causes and nature of conditions or factors which affect an individual's development and functioning. Prevention means efforts to increase awareness and understanding of the causes and nature of conditions or situations which affect an individual's functioning in society. Prevention activities are designed to convey information about the cause of conditions, situations, or problems that interfere with an individual's functioning or ways in which that knowledge can be used to prevent their occurrence or reduce their | \$10,000 | Expansion \$100,000 |
| | Information & referral Planning, Consultation and/or early intervention (client related) Planning and management consultants (non-client related) Public education, prevention and | resources available/help to access those resources. Consultation means advisory activities directed to a service provider to assist the provider in delivering services to a specific person. Early intervention means services designed to address the social, emotional, and developmental needs of children at their earliest stages to decrease long-term effects and provide support in meeting developmental milestones. Consultation means advisory activities directed to a service provider to assist the provider in planning, developing, or implementing programs; or in solving management or administrative problems; or addressing other concerns in the provider's own organization. Education services means activities that increase awareness and understanding of the causes and nature of conditions or factors which affect an individual's development and functioning. Prevention means efforts to increase awareness and understanding of the causes and nature of conditions or situations which affect an individual's functioning in society. Prevention activities are designed to convey information about the cause of conditions, situations, or problems that interfere with an individual's functioning or ways in which that | \$10,000 | Expansion \$100,000 |
| | Information & referral Planning, Consultation and/or early intervention (client related) Planning and management consultants (non-client related) Public education, prevention and | resources available/help to access those resources. Consultation means advisory activities directed to a service provider to assist the provider in delivering services to a specific person. Early intervention means services designed to address the social, emotional, and developmental needs of children at their earliest stages to decrease long-term effects and provide support in meeting developmental milestones. Consultation means advisory activities directed to a service provider to assist the provider in planning, developing, or implementing programs; or in solving management or administrative problems; or addressing other concerns in the provider's own organization. Education services means activities that increase awareness and understanding of the causes and nature of conditions or factors which affect an individual's development and functioning. Prevention means efforts to increase awareness and understanding of the causes and nature of conditions or situations which affect an individual's functioning in society. Prevention activities are designed to convey information about the cause of conditions, situations, or problems that interfere with an individual's functioning or ways in which that knowledge can be used to prevent their occurrence or reduce their effect, and may include but are not limited to, training events, webinars, presentations, and public meetings. | \$10,000 | Expansion \$100,000 |
| | Information & referral Planning, Consultation and/or early intervention (client related) Planning and management consultants (non-client related) Public education, prevention and education | resources available/help to access those resources. Consultation means advisory activities directed to a service provider to assist the provider in delivering services to a specific person. Early intervention means services designed to address the social, emotional, and developmental needs of children at their earliest stages to decrease long-term effects and provide support in meeting developmental milestones. Consultation means advisory activities directed to a service provider to assist the provider in planning, developing, or implementing programs; or in solving management or administrative problems; or addressing other concerns in the provider's own organization. Education services means activities that increase awareness and understanding of the causes and nature of conditions or factors which affect an individual's development and functioning. Prevention means efforts to increase awareness and understanding of the causes and nature of conditions or situations which affect an individual's functioning in society. Prevention activities are designed to convey information about the cause of conditions, situations, or problems that interfere with an individual's functioning or ways in which that knowledge can be used to prevent their occurrence or reduce their effect, and may include but are not limited to, training events, webinars, presentations, and public meetings. ort Services Services Management - is designed to help individuals and families | \$10,000 | Expansion \$100,000 |
| | Information & referral Planning, Consultation and/or early intervention (client related) Planning and management consultants (non-client related) Public education, prevention and education munity Living Suppe | resources available/help to access those resources. Consultation means advisory activities directed to a service provider to assist the provider in delivering services to a specific person. Early intervention means services designed to address the social, emotional, and developmental needs of children at their earliest stages to decrease long-term effects and provide support in meeting developmental milestones. Consultation means advisory activities directed to a service provider to assist the provider in planning, developing, or implementing programs; or in solving management or administrative problems; or addressing other concerns in the provider's own organization. Education services means activities that increase awareness and understanding of the causes and nature of conditions or factors which affect an individual's development and functioning. Prevention means efforts to increase awareness and understanding of the causes and nature of conditions or situations which affect an individual's functioning in society. Prevention activities are designed to convey information about the cause of conditions, situations, or problems that interfere with an individual's functioning or ways in which that knowledge can be used to prevent their occurrence or reduce their effect, and may include but are not limited to, training events, webinars, presentations, and public meetings. ort Services Services Management - is designed to help individuals and families identify service needs and coordinate service delivery but which do | \$10,000 | Expansion \$100,000 |
| | Information & referral Planning, Consultation and/or early intervention (client related) Planning and management consultants (non-client related) Public education, prevention and education munity Living Suppo | resources available/help to access those resources. Consultation means advisory activities directed to a service provider to assist the provider in delivering services to a specific person. Early intervention means services designed to address the social, emotional, and developmental needs of children at their earliest stages to decrease long-term effects and provide support in meeting developmental milestones. Consultation means advisory activities directed to a service provider to assist the provider in planning, developing, or implementing programs; or in solving management or administrative problems; or addressing other concerns in the provider's own organization. Education services means activities that increase awareness and understanding of the causes and nature of conditions or factors which affect an individual's development and functioning. Prevention means efforts to increase awareness and understanding of the causes and nature of conditions or situations which affect an individual's functioning in society. Prevention activities are designed to convey information about the cause of conditions, situations, or problems that interfere with an individual's functioning or ways in which that knowledge can be used to prevent their occurrence or reduce their effect, and may include but are not limited to, training events, webinars, presentations, and public meetings. Ort Services Services Management - is designed to help individuals and families identify service needs and coordinate service delivery but which do not constitute case management. | <pre>\$10,000 \$100,000 \$1,600,000</pre> | Expansion \$100,000 |
| | Information & referral Planning, Consultation and/or early intervention (client related) Planning and management consultants (non-client related) Public education, prevention and education munity Living Suppe | resources available/help to access those resources. Consultation means advisory activities directed to a service provider to assist the provider in delivering services to a specific person. Early intervention means services designed to address the social, emotional, and developmental needs of children at their earliest stages to decrease long-term effects and provide support in meeting developmental milestones. Consultation means advisory activities directed to a service provider to assist the provider in planning, developing, or implementing programs; or in solving management or administrative problems; or addressing other concerns in the provider's own organization. Education services means activities that increase awareness and understanding of the causes and nature of conditions or factors which affect an individual's development and functioning. Prevention means efforts to increase awareness and understanding of the causes and nature of conditions or situations which affect an individual's functioning in society. Prevention activities are designed to convey information about the cause of conditions, situations, or problems that interfere with an individual's functioning or ways in which that knowledge can be used to prevent their occurrence or reduce their effect, and may include but are not limited to, training events, webinars, presentations, and public meetings. Ort Services Services Management - is designed to help individuals and families identify service needs and coordinate service delivery but which do not constitute case management. Transportation is for services for consumers to conduct business | \$10,000 | Expansion \$100,000 |
| | Information & referral Planning, Consultation and/or early intervention (client related) Planning and management consultants (non-client related) Public education, prevention and education munity Living Suppo | resources available/help to access those resources. Consultation means advisory activities directed to a service provider to assist the provider in delivering services to a specific person. Early intervention means services designed to address the social, emotional, and developmental needs of children at their earliest stages to decrease long-term effects and provide support in meeting developmental milestones. Consultation means advisory activities directed to a service provider to assist the provider in planning, developing, or implementing programs; or in solving management or administrative problems; or addressing other concerns in the provider's own organization. Education services means activities that increase awareness and understanding of the causes and nature of conditions or factors which affect an individual's development and functioning. Prevention means efforts to increase awareness and understanding of the causes and nature of conditions or situations which affect an individual's functioning in society. Prevention activities are designed to convey information about the cause of conditions, situations, or problems that interfere with an individual's functioning or ways in which that knowledge can be used to prevent their occurrence or reduce their effect, and may include but are not limited to, training events, webinars, presentations, and public meetings. Ort Services Services Management - is designed to help individuals and families identify service needs and coordinate service delivery but which do not constitute case management. | <pre>\$10,000 \$100,000 \$1,600,000</pre> | Expansion \$100,000 |
| | Information & referral Planning, Consultation and/or early intervention (client related) Planning and management consultants (non-client related) Public education, prevention and education munity Living Suppo | resources available/help to access those resources. Consultation means advisory activities directed to a service provider to assist the provider in delivering services to a specific person. Early intervention means services designed to address the social, emotional, and developmental needs of children at their earliest stages to decrease long-term effects and provide support in meeting developmental milestones. Consultation means advisory activities directed to a service provider to assist the provider in planning, developing, or implementing programs; or in solving management or administrative problems; or addressing other concerns in the provider's own organization. Education services means activities that increase awareness and understanding of the causes and nature of conditions or factors which affect an individual's development and functioning. Prevention means efforts to increase awareness and understanding of the causes and nature of conditions or situations which affect an individual's functioning in society. Prevention activities are designed to convey information about the cause of conditions, situations, or problems that interfere with an individual's functioning or ways in which that knowledge can be used to prevent their occurrence or reduce their effect, and may include but are not limited to, training events, webinars, presentations, and public meetings. Ort Services Services Management - is designed to help individuals and families identify service needs and coordinate service delivery but which do not constitute case management. Transportation is for services for consumers to conduct business errands or essential shopping, to receive medical services not | <pre>\$10,000 \$100,000 \$1,600,000</pre> | Expansion \$100,000 |

| Funds allocated for expansion of services | | | | \$1,645,000 |
|----------------------------------------------------------|------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-------------|-------------|
| Projection of need based on current services and funding | | | \$9,730,000 | |
| | RCF 6 and over beds | Residential care refers to long-term care given to adults or children who stay in a residential setting rather than in their own home or family home. | \$900,000 | |
| Other Con | gregate Services | | | |
| | Psychiatric medications in jail | Psychiatric medication funded for individuals in jail. | \$50,000 | |
| | Community support programs | Community Support Programs- is for comprehensive programs to meet individual treatment and support needs of consumers which enable consumers with a mental illness, intellectual disability, or a developmental disability to live and work in a community setting. | \$10,000 | |
| | Transitional living program | Transitional living means any type of living situation that is transition with the primary purpose or mission to help the individual become a productive member of society; length of stay may vary but is not permanent housing. | \$400,000 | |
| | Prescription meds | Prescription medication, including medication prescribed for psychiatric conditions. | \$15,000 | |
| | Physiological outpatient treatment | Activities designed to prevent, halt, control, relieve, or reverse symptoms or conditions which interfere with the normal physiological functioning of the human body. | \$5,000 | |
| | Other basic needs | Other costs associated with basic necessities. | \$80,000 | |
| | Rent payments (time limited) | Rent payment to avoid homelessness. | \$200,000 | |
| | Representative payee | Activities provided to manage an individual's finances. | \$20,000 | |

H. Provider Reimbursement Provisions

CICS will contract with MHDS providers and non-traditional providers who meet contracting eligibility requirements and whose base of operation is in the region or is a provider who is not contracted with their host region and is providing services funded by CICS. The Region retains the right to select service providers to be a part of the CICS provider network. Providers must be approved CICS MHDS network providers in order to be eligible for regional funding. New providers may be added to the provider network if it is determined that either a particular individual will benefit from the service (as determined by the individual's inter-disciplinary team) or that the provider shall provide service(s) that will enhance the service system. CICS will also honor contracts that other regions have negotiated with their local providers. A contract may not be required with providers that provide one-time or as needed services.

In order to support service expansion efforts, CICS may offer requests for proposals (RFPs) in combination with other strategies. The following is a description of the types of funding used by CICS.

• Fee for service:

A fee for service approach will be utilized in most provider contracts outlining the services to be provided and the rate of reimbursement. Services provided under a fee for service model are reimbursed based on a service funding request and prior authorization process with the exception of civil commitment related expenses and crisis services.

• Block grant payments:

CICS may utilize block grant payments when a service does not fit the traditional fee for service method of payment and may be considered to cover costs of new services until a fee for service rate can be established. Other uses may be to provide access to crisis services and Assertive Community Treatment services.

- Incorporation of all funding sources for individuals including Medicaid:
- The Region is responsible for ensuring that MHDS services are available to all residents of the region regardless of funding source. CICS will ensure that individuals apply for all funding sources prior to accessing regional funding, including private insurance, Medicaid, Medicare, and other funding mechanisms which ensure that individuals and their families are able to optimally live, work, and recreate in integrated communities of their choice.

CICS requires providers to meet all applicable licensure, accreditation, and certification standards. CICS has contracted with the providers identified below. Additional providers, including non-traditional providers, may be added throughout the year as services are developed to meet the service needs of individuals.

| Abbe Center for Community Mental Health, Inc. | 520 11 th St. NW | Cedar Rapids | 52405 |
|-----------------------------------------------|-------------------------------------|-----------------|-------|
| Achieve Mental Health Inc. | 814 Railroad St. | Iowa Falls | 50126 |
| Access, Inc. | PO Box 268 | Hampton | 50441 |
| Arc of Story County | 130 S. Sheldon Ave., Ste. 302 | Ames | 50010 |
| Arc of Marshall County | 606 Ann Rutledge Rd. | Marshalltown | 50158 |
| Behavioral Health Options | PO Box 379 | Mason City | 50402 |
| Berryhill Center | 720 Kenyon Road | Ft. Dodge | 50501 |
| Brain Injury Association of Iowa | 1556 S. First Ave., Ste. A | Iowa City | 52240 |
| Brian Vold, ARNP | 814 Railroad St. | Iowa Falls | 50126 |
| Capstone Behavioral Healthcare | 1123 1 st Ave E, Ste 200 | Newton | 50208 |
| Center Associates | 9 North 4th Ave. | Marshalltown | 50158 |
| Central Iowa Juvenile Detention Center | 2317 Rick Collins Way | Eldora | 50627 |
| Central Iowa Psychological Services | 223 S. Walnut Ave. | Ames | 50010 |
| Central Iowa Recovery | 500 Fairmeadow Dr. | Webster City | 50595 |
| ChildServe Community Options | 1915 Philadelphia St. | Ames | 50010 |
| Christian Opportunity Center | 1602 North 14th St. | Indianola | 50125 |
| CIRSI, Inc. | 111 E. Linn St. | Marshalltown | 50158 |
| Classroom Clinic | PO Box 951 | Carroll | 51401 |
| Community & Family Resources | 211 Ave M West | Fort Dodge | 50501 |
| Crossroads Mental Health Center | 1003 Cottonwood Rd. | Creston | 50801 |
| Eyerly Ball Community Mental Health Center | 945 19th St. | Des Moines | 50314 |
| Foundation 2, Inc. | 1714 Johnson Ave. NW | Cedar Rapids | 52405 |
| Friends Forever Social Education Center | 500 Fairmeadow Dr. | Webster City | 50595 |
| Friendship Ark, Inc. | 130 S. Sheldon Ave., Ste. 203 | Ames | 50014 |
| FIA Friendship Club, Inc. | 1201 14th Ave. | Eldora | 50627 |
| Full Circle Therapy Center, LLC | 803 3 rd Ave. | Council Bluffs | 51501 |
| Goshorn Psych-Services, PLLC | 410 E. Robinson St., Ste. A-2 | Knoxville | 50138 |
| Grace C Mae Advocate Center, Inc. | 2501 S. Center, Ste. M | Marshalltown | 50158 |
| Heartland Senior Services | 205 S. Walnut | Ames | 50010 |
| HIRTA Transit | 2824 104th St. | Urbandale | 50322 |
| House of Mercy | 1409 Clark St | Des Moines | 50314 |
| Integrated Telehealth Partners | 1501 42 nd St., Ste. 120 | West Des Moines | 50266 |
| Integrated Treatment Services, LLC | 303 S. 2nd Ave. W | Newton | 50208 |
| Interpreters Unlimited | PO Box 27660 | San Diego, CA | 92198 |
| Journey Counseling and Consultation | 113 Colorado Ave., Ste. 111 | Ames | 50014 |

| | | | 50204 |
|------------------------------------------------|------------------------------|--------------|-------|
| Legal Aid Society of Story County | 937 6th St. | Nevada | 50201 |
| Lutheran Services in Iowa (LSI) | 3125 Cottage Grove Ave. | Des Moines | 50311 |
| Mainstream Living | 2012 E. 13th St. | Ames | 50010 |
| Mary Greeley Medical Center | 1111 Duff Ave., PO Box 863 | Ames | 50010 |
| Mason City Clinic | 250 S. Crescent Dr. | Mason City | 50401 |
| Mid-lowa Triumph Recovery Center, Inc. | 101 Main St., PO Box 1774 | Marshalltown | 50158 |
| MIW, Inc. | 909 S. 14th Ave., PO Box 966 | Marshalltown | 50158 |
| Midwest Counseling | PO Box 313 | Williamsburg | 52361 |
| NAMI Central Iowa | 424 5 th St. | Ames | 50010 |
| NIVC Services | 1225 S. Harrison Ave. | Mason City | 50401 |
| Optimae Life Services | 602 E Grand Ave. | Des Moines | 50301 |
| Orchard Place | 2116 Grand Ave. | Des Moines | 50312 |
| Pam Caviness, LISW, ASW, Inc. | 517 Grand Ave., Ste. 102 | Ames | 50010 |
| Prairie Ridge Integrated Behavioral Healthcare | 320 N Eisenhower Ave. | Mason City | 50401 |
| Premier Payee, Inc. | 100 E Euclid Ave., Ste. 137 | Des Moines | 50313 |
| Progress Industries | 202 N 3 rd Ave W. | Newton | 50208 |
| Region Six Resource Partners | 903 E. Main St. | Marshalltown | 50158 |
| The Salvation Army | PO Box 1681 | Ames | 50010 |
| Trilix Marketing Group | 615 Third St., Ste. 300 | Des Moines | 50309 |
| Van Diest Medical Center | 2350 Hospital Dr. | Webster City | 50595 |
| Youth & Shelter Services, Inc. | 420 Kellogg Ave. | Ames | 50010 |