

Central Iowa Community Regional Advisory Board Meeting
Tuesday April 10, 2018 @ 1:30 pm
Story County Human Services Center
Multipurpose Room, 126 S. Kellogg Ave., Ames, Iowa 50010

Attending: Kirsten Klepfer, Chad Huddleston, Diana Dawley, Anne Vance, Jennifer Ellis, Terry Johnson, Jim Paprocki, Linda Romero, Al Fagerlund, Wendie Cooper, Doug Bailey, Grace Sivadge, Karla Webb, Betsy Stursma, John Grush
Others attending: None noted

- I. Welcome and Introductions:** Chad called the meeting to order at 1:30pm, introductions were done.
- II. Approval of 1/9/18 meeting minutes:** Motion by Anne Vance and second by Tim Bedford to approve minutes, motion carried.
- III. Discussion and Consideration of Revised CICS Regional Advisory Board Bylaws:** Karla Webb reviewed the draft changes to the Advisory Board bylaws, changes included addition of Greene County to the Advisory Board 7/1/18, alternate appointments to the Advisory Board and ability to participate in meetings through any means that allows for direct participation. Terry Johnson motioned to recommend approval of the bylaw changes to the Governing Board, Wendie Cooper seconded the motion, motion passed with all Advisory Board members voting approval.
- IV. Highlights of Regional Governing Board:** Al discussed highlights of Governing Board meetings including information for Mary Greeley Medical Center crisis stabilization center, Request for Proposal for Transitional Living Centers which are currently being reviewed. Finance committee has been doing some work to determine the best way to invest fund balance for interest earnings. Everything approved for Greene County to become part of CICS July 1st. Patti has been talking about different trainings she is providing, MHFA in Marshall Co was generally full before scheduling. A conference was attended by John and Karla and appears to have made quite an impact and effective way of going forward. Annual Service and Budget Plan was approved by the Governing Board. Receive reports regarding telehealth and crisis line usage.
- V. Discussion and Consideration of Revised CICS Management Plan Policies and Procedures:** Karla reviewed the draft changes to the Management Plan Policies and Procedures. Anne made motion to approve the changes to the CICS Management Plan, Tim seconded the motion, passed. Next draft changes will go to the CICS Governing Board and if approved, then on to MHDS Commission for approval and then on to DHS for approval.
- VI. FY19 Annual Service and Budget Plan:** Karla reviewed the ASBP. Wendie asked questions regarding mobile crisis response and how the service is dispatched, discussion ensued.

- VII. Quality Service Development, Delivery and Assessment (QSDA) Update:** John shared QSDA members meet quarterly, have 3 groups working on identifying system needs, service delivery beyond just evidence based, and outcome data. Look at community integration, employment, somatic care and housing. There are over 370 providers entering data into CSN, the results are very encouraging. As we look at housing and is it affordability, and can see what is working in some areas. Also can look at are people satisfied with the services/results they are receiving. With community inclusion require 3 community integrated events per year. Then look at the mechanism through which choice is deployed. Derrick Dufrense has come to Iowa to train and look at how much support is needed by an individual for the agency to provide. Have expanded scope within QSDA to be more active in system design. The National Conference attended by John and Karla offered opportunity to learn what other states are doing. Some states are moving to a system of shared risk referred to as Capitation system. The provider does have risk in this system and if positive results are obtained then provider could see increased earnings. If poor results are obtained then provider could see decreased earnings.
- VIII. HF 2456:** Karla reviewed HF 2456 legislation.
- IX. Service Coordination Report:** Betsy discussed CICS has at least 1 service coordinator in each county and 2 service coordination specialist who work with individuals in residential care facility or individuals in mental health institute for more than 30 days. Do see as individuals leave hospital care setting they are often referred to RCFs. Specialists have completed 148 assessments this year, service coordinators are processing about 158 applications monthly, this is 17% above last year. Some of this is due to the additional services we are funding, one of those is voluntary hospitalization for transportation when a person has presented to an ED and need to be transported for inpatient behavioral health care. Are averaging 636 individuals per month receiving service coordination services.
- X. Agency Update/Information Sharing:** Grace shared she is excited to have Mobile Crisis Response Team services available in Warren County. Diana Dawley noted she attended a community meeting on Mobile Crisis Response Team services and is excited to see how this service may be helpful to law enforcement. Tim Bedford shared about an article a news reporter with Ames Tribune published on Sunday. CIR was interviewed regarding Intensive Psychiatric Rehabilitation. Chad shared he is back in IPR as he wants to become a Peer Support Specialist. Chad thanked Tim and everyone who started IPR. Wendie did an update for NAMI CI with 24 officers participating in CIT training in March. Have a peer training taking place at Mid-Iowa Triumph Center. Completed a Family Support group facilitator training and will be having another one in May in Des Moines. Joan Becker will be speaking at MH Expo in September. On April 17th at the NAMI CI monthly education meeting will be talking about it is possible to go back to work, 3 individuals will be talking about their experience. Wendie is looking for resources for those returning to work. Betsy noted lowawins.org can do benefit planning.

XI. Next Meeting Date: Tuesday, July 10th @ 1:30pm

XII. Adjournment: Tim motioned to adjourn and Wendie seconded at 2:55pm, motion passed.