

Central Iowa Community Services Regional Advisory Board Meeting
Tuesday, October 10, 2017 @ 1:30 p.m.
Story County Human Services Center, Multipurpose Room
126 S. Kellogg Ave, Ames, IA 50010

Members Present: Mary Nelson, Linda Romero, Wendie Cooper, Anne Vance, Doug Bailey, Julie Gibson, Jim Paproki, Chad Huddleston.

Others attending: Lisa Heddens, Patti Treibel-Leeds, Linn Adams and Betsy Stursma.

I. Welcome and Introductions: Chair Huddleston called the meeting to order and introductions were made.

II. Approval of 7/11/17 meeting minutes: Motion by Cooper, second by Romero to approve the minutes of the previous meeting. All voted aye.

III. Highlights of Regional Governing Board: In the absence of the two Advisory Board representative to the Governing Board, Adams and Bailey reported on recent meetings. The Governing Board meeting minutes continue to be sent to the Advisory Board members, as well.

IV. CICS Regional Planning Update: Jody Eaton, CICS CEO, is at the Statewide SF504 Workgroup meeting today. Therefore, in her absence, Adams and Stursma provided information regarding Regional Planning.

- a. SF504 Workgroup Summary and Report – Senate File 504 required each Region to have a workgroup with membership. Adams reported that CICS contracted with Beth Morrissette from Mission Matters to facilitate the workgroup and a strategic plan for the next three years. Meetings occurred monthly in July, August, and September. There was representation from each County and each required area identified in Senate File 504. The first meeting was focused on building our shared understanding. The second meeting was assessing our system. The final meeting concluded with identifying our solutions.
- b. Stursma provided information in regard to the Stakeholder Survey Feedback. Between the July and August meetings a survey was sent to individuals identified by the workgroup members, of whom should give input into the process. The Stakeholder Survey Results were reviewed, and Stursma identified important graphs on page and page 20.
- c. Stursma and Adams also gave a brief update regarding the strategic planning process completed with Mission Matters. Since this process was completed the previous week, a report will be coming out and will be shared with the Advisory Board.

V. Request for Proposal: Adams explained that CICS had received two proposals in response to the Request for Proposal (RFP) to provide mobile crisis services throughout the CICS region. They are currently with the planning department for review.

VI. FY17 Annual Reports: Adams and Stursma presented the FY17 Service Coordination report and answered questions. Treibel-Leeds presented the FY17 Telehealth and Crisis Line reports.

VII. Agency Updates/Information Sharing:

- a. Treibel-Leeds shared she received a call from Gayla Harkin, Iowa Association of Community Providers, and they will be providing a Mental Health First Aid training on November 16th in Ames. Treibel-Leeds also shared there will be a mental health awareness day in Boone on October 27th from 10 a.m. – 3 p.m. at Grace Church in Boone. Joan Becker will be speaking about mental illness tragedy and transformation.

- b. Heddens shared NAMI of Central Iowa has 20 families participating in their current Family-to-Family meetings in Ames and they also started peer-to-peer classes in Boone. NAMI is looking at providing another family support group facilitator training after the first of the year and hope to be doing another family-to-family and peer-to-peer class after the first of the year. Additionally, she shared NAMI of Jasper County disaffiliated and is now under the catchment area of NAMI of CI and is currently holding a family support group on the 3rd Thursdays at Skiff Hospital's In-service Room.
- c. Nelson provided an update on the Hardin County Family Support Group's Healthy Minds event and shared over 50 people attended.
- d. Romero shared Poweshiek County recently formed a community group – Grinnell Area Mental Health Consortium.

VIII. Next Meeting Date: January 9th, 2018 at 1:30 p.m.

IX. Adjournment: Motion by Vance, second by Romero to adjourn. Meeting was adjourned.