

Central Iowa Community Service Regional Advisory Board Meeting
Tuesday December 8th, 2015 @ 1:30 PM
Story County Human Services Center
Multipurpose Room, 126 S. Kellogg Ave., Ames, Iowa 50010

1. **Welcome and Introductions-** Anne welcomed everyone and introductions were made. In attendance, Terry Johnson, Pam Herrema, Wendie Cooper, Chad Huddleston, Bill Vaughn, Linda Romero, Jim Paprocki, Mary Nelson, Tim Rogers, Karla Webb, Jody Eaton, Anne Vance, Al Fagerlund, Doug Bailey, Guest Leah DeMarest.
2. **Approval of September 8 meeting minutes:** Anne Vance called for the approval of the minutes. Bill Vaughn moved, Terry Johnson seconded. Minutes approved.
3. **Highlights of Regional Governing Board:** Al Fagerlund
 - Al provided an overview of Governing Board meetings. He discussed approval of Foundation 2 contract for crisis phone line services.
 - Al referenced the Consumer Survey results were reviewed.
 - Al referenced Crisis Services and discussion of planning and pulling information together region wide.
 - November Governing Board meeting was a phone conference, some people met in person and others phoned in for the meeting. The Annual Report was reviewed and various programs are being funded by the region, such as crisis line, supported employment, tele psych. Discussion occurred regarding Program Manager Position, this position which would take data and compare data. Administrative staff is looking at the hiring process for Program Manager.
4. **Client Survey Update:** Karla reviewed the Client Survey report.
5. **CICS 24 Hour Crisis Phone Line:** Karla explained Foundation 2 in Cedar Rapids is the provider for the region wide crisis phone line. Business size cards with the crisis phone number have been developed and are being distributed. A letter was also written explaining the crisis phone line and this has been distributed to Emergency Management Departments, local law enforcement entities, hospitals, providers, various distribution lists. Further marketing material will be developed and are planning to add a statement to the business card explaining what the crisis line is.
6. **2015 Annual Report:** Karla and Jody reviewed the annual report, highlighting various areas of the report.
7. **Madison, Marshall, Poweshiek, Story, Warren Advisory Board member's terms expiring January 2016:** Karla reviewed the terms that are expiring. Al Fagerlund and Anne Vance have been reappointed for Marshall County.
8. **Agency Update/Information Sharing:**
 - Bill Vaughn shared Mainstream Living is providing substance abuse counseling and treatment services in Polk County and received a 3 year accreditation.
 - Linda Romero shared they are in need of staff, they are using more telehealth services.
 - Leah DeMarest with NAMI explained her role in NAMI Central Iowa's contract with the Region to help facilitate getting volunteers trained to be Family to Family facilitators. She has had difficulty in identifying volunteers and connecting with providers in the counties within the Region. Leah and Wendie Cooper shared they are seeing a huge

interest in support groups and thinking they may have more interest in support groups rather than Family to Family training. In order to facilitate a support group there is a state training the facilitator would need to complete. Leah provided handouts regarding NAMI.

- Tim Rogers shared their numbers are up in Hardin County for their Friendship Club. Tim attended conference Make Your Mark and had good comments about the conference.

Meeting Adjourned at 2:30 pm.